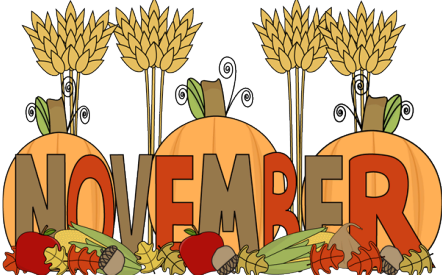


November 2025
Hi'olani Care Center Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November cont'd 30 9:30 ➡ Stretch & Toning with Jennifer [6th FL LR] 10:15 🎵 Music / sing along [6th FL LR] 11:00 🚶 Arm chair travel [6th FL LR] 3:30 🎮 Mah Jong [6th FL NS] 4:00 1:1 visits				"It is not happy people who are thankful, it is thankful people who are happy." — Unknown		9:30 ➡ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🚶 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧶 Arts & Crafts [6th FL LR] 4:00 1:1 visits 4:30 🏈 UH football vs. San Jose State [6th FL LR]
2 9:30 ➡ Stretch & Toning with Jennifer [6th FL LR] 10:15 🎵 Music / sing along [6th FL LR] 11:00 🚶 Arm chair travel [6th FL LR] 3:30 🎮 Mah Jong [6th FL NS] 4:00 1:1 visits	3 9:30 ➡ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Brain Twisters [6th FL LR] 2:00 🚶 Manis with Rolen (sign up at nursing station) [6th FL LR] 3:00 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits 6:00 🎮 Bingo at Sunset with Taylor [3rd FL]	4 9:30 ➡ Exercise with Rolen [6th FL LR] 10:00 📖 Brain games with Rolen [6th FL LR] 10:30 Music with Rolen [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:30 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits	5 9:30 🧠 Art Therapy [3rd Actvty Rm] 10:30 ➡ Strength and Balance with Lennon [3rd Actvty Rm] 1:30 🚶 Holo Holo Bus Ride: Punaluu [1st HPC] 2:00 Christmas Carol Singing with Carolyn Arbuckle [6th FL LR] 2:00 🍿 Popcorn Bar 4:00 1:1 visits 6:00 🎮 Mah Jong [6th FL NS]	6 10:00 📖 Fusion Exercise with Daniel Gittleman [6th FL LR] 10:45 🎵 Music with Rolen [6th FL LR] 11:10 🐾 Pet Therapy visits with Raleigh and Cody [6th FL LR] 2:00 🧠 Jewelry making with Rolen [6th FL LR] 4:00 1:1 visits 4:30 🎮 Mele Magic with Bill Melemai [KDR] 6:00 🎮 Bingo Night [3rd FL]	7 9:30 ➡ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🚶 Ice Cream Cart 3:00 ➡ Exercise games with Racyn [6th FL LR] 4:00 1:1 visits 6:00 crafting with taylor [6th FL LR]	8 9:30 ➡ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🚶 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧶 Arts & Crafts [6th FL LR] 4:00 1:1 visits 6:00 🏈 UH football vs. San Diego State [6th FL LR]
9 9:30 ➡ Stretch & Toning with Jennifer [6th FL LR] 10:15 🎵 Music / sing along [6th FL LR] 11:00 🚶 Arm chair travel [6th FL LR] 3:30 🎮 Mah Jong [6th FL NS] 4:00 1:1 visits	10 9:30 ➡ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 10:00 🧠 Arts and Crafts [3rd Actvty Rm] 2:00 🚶 Manis with Rolen (sign up at nursing station) [6th FL LR] 3:00 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits 6:00 🎮 Bingo at Sunset with Taylor [3rd FL]	Veteran's Day 11 9:30 ➡ Exercise with Rolen [6th FL LR] 10:00 📖 Brain games with Rolen [6th FL LR] 10:00 🎮 Hank the Singing Dutchman performance [3rd Actvty Rm] 10:30 Music with Rolen [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:30 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits	12 10:00 Roy hamada [3rd Actvty Rm] 1:30 🚶 Holo Holo Bus Ride: Aiea Loop Trail [1st HPC] 2:00 🍿 Popcorn Bar 4:00 1:1 visits 6:00 🎮 Mah Jong [6th FL NS]	13 10:00 🎮 Performance by the Royal Hawaiian Band [1st HPC] 11:10 🐾 Pet Therapy visits with Raleigh and Cody [6th FL LR] 2:00 🧠 Jewelry making with Rolen [6th FL LR] 4:00 1:1 visits 4:30 🎮 Mele Magic with Bill Melemai [KDR] 6:00 🎮 Bingo Night [3rd FL]	14 9:30 ➡ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Church Service [3rd Actvty Rm] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🚶 Ice Cream Cart 3:00 ➡ Exercise games with Racyn [6th FL LR] 4:00 1:1 visits 6:00 crafting with taylor [6th FL LR]	15 10:00 🎮 Waialae Baptist Sings Winter performance [3rd Actvty Rm] 1:00 🚶 Local Style Kitchen with Joy [3rd Actvty Rm] 1:30 🐾 Kupuna Connection Club ('Iolani School volunteers) 2:15 🧶 Arts & Crafts [6th FL LR] 4:00 1:1 visits
16 9:30 ➡ Stretch & Toning with Jennifer [6th FL LR] 10:15 🎵 Music / sing along [6th FL LR] 11:00 🚶 Arm chair travel [6th FL LR] 3:30 🎮 Mah Jong [6th FL NS] 4:00 1:1 visits	17 10:00 🎮 Music with Augie Rey [3rd Actvty Rm] 11:30 🚶 Assisted Living Pizza Party [KDR] 2:00 🚶 Manis with Rolen (sign up at nursing station) [6th FL LR] 3:00 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits 6:00 🎮 Bingo at Sunset with Taylor [3rd FL]	18 9:30 🎮 JukeBox Singers [3rd Actvty Rm] 10:00 📖 Brain games with Rolen [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:30 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits	19 9:30 🧠 Art Therapy [3rd Actvty Rm] 10:30 🎮 Kahala Nui Pickers [3rd Actvty Rm] 10:30 ➡ Strength and Balance with Lennon [3rd Actvty Rm] 1:30 🚶 Holo Holo Bus Ride: Waimanalo [1st HPC] 2:00 🍿 Popcorn Bar 4:00 1:1 visits 6:00 🎮 Mah Jong [6th FL NS]	20 10:00 📖 Fusion Exercise with Daniel Gittleman [6th FL LR] 10:45 🎵 Music with Rolen [6th FL LR] 11:10 🐾 Pet Therapy visits with Raleigh and Cody [6th FL LR] 2:00 🧠 Jewelry making with Rolen [6th FL LR] 4:00 1:1 visits 4:30 🎮 Mele Magic with Bill Melemai [KDR] 6:00 🎮 Bingo Night [3rd FL]	21 9:30 ➡ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🚶 Ice Cream Cart 3:00 ➡ Exercise games with Racyn [6th FL LR] 4:00 1:1 visits 5:30 🏈 UH football vs. UNLV [6th FL LR] 6:00 crafting with taylor [6th FL LR]	22 9:30 ➡ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🚶 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧶 Arts & Crafts [6th FL LR] 4:00 1:1 visits
23 9:30 ➡ Stretch & Toning with Jennifer [6th FL LR] 10:15 🎵 Music / sing along [6th FL LR] 11:00 🚶 Arm chair travel [6th FL LR] 3:30 🎮 Mah Jong [6th FL NS] 4:00 1:1 visits	24 9:30 ➡ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 10:00 🚶 World Cultures [3rd Actvty Rm] 2:00 🚶 Manis with Rolen (sign up at nursing station) [6th FL LR] 3:00 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits 6:00 🎮 Bingo at Sunset with Taylor [3rd FL]	25 9:30 ➡ Exercise with Rolen [6th FL LR] 10:00 📖 Brain games with Rolen [6th FL LR] 10:30 Music with Rolen [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:30 🎮 Joyful Connections [6th FL LR] 4:00 1:1 visits	26 10:00 Music with Glenn, Les, and Anna [3rd Actvty Rm] 1:30 🚶 Holo Holo Bus Ride: Ewa Beacj [1st HPC] 2:00 🍿 Popcorn Bar 4:00 1:1 visits 6:00 🎮 Mah Jong [6th FL NS]	Happy Thanksgiving 27 10:00 📖 Fusion Exercise with Daniel Gittleman [6th FL LR] 10:45 🎵 Music with Rolen [6th FL LR] 11:10 🐾 Pet Therapy visits with Raleigh and Cody [6th FL LR] 2:00 🧠 Jewelry making with Rolen [6th FL LR] 4:00 1:1 visits 4:30 🎮 Mele Magic with Bill Melemai [KDR] 6:00 🎮 Bingo Night [3rd FL]	28 9:30 ➡ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🚶 Ice Cream Cart 3:00 ➡ Exercise games with Racyn [6th FL LR] 4:00 1:1 visits 6:00 crafting with taylor [6th FL LR]	29 9:30 ➡ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🚶 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧶 Arts & Crafts [6th FL LR] 4:00 1:1 visits 6:00 🏈 UH football vs. Wyoming [6th FL LR]

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