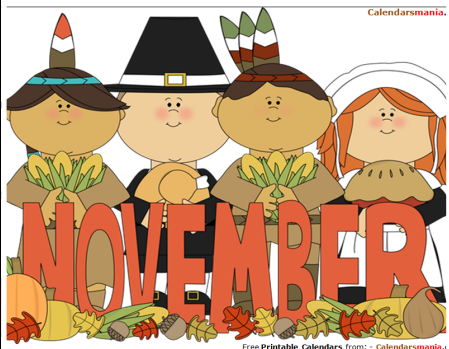
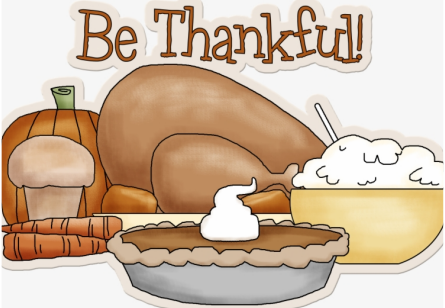


November 2025
Hi'olani Care Center Nursing 4th & 5th floors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November cont'd 30 9:30 ↔ Exercises with Taylor [5th FL LR] 9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 📖 Sing along (4th floor) [4th FL LR] 10:00 🎵 Sing along with Taylor [5th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 1:1 visits with Rolen [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR] 4:00 1:1 visits	 Free Printable Calendars from - Calendarsmanila	 AT KĀHALA NUI		"It is not happy people who are thankful, it is thankful people who are happy." — Unknown		9:30 🎵 Sing-along [4th FL LR] 9:30 🎵 Song of the past with Taylor [5th FL LR] 10:00 ↔ Chair fitness with Taylor [5th FL LR] 10:00 ↔ Synergy Chair Fitness [4th FL LR] 10:30 🎲 BINGO [4th FL LR] 10:30 🎲 Bingo [5th FL LR] 3:00 🏠 Local Style Kitchen with Joy [3rd Actvty Rm] 4:00 1:1 visits 4:30 🏈 UH football vs. San Jose State [6th FL LR] 6:00 🎬 Movie night with Taylor [4th FL LR]
2 9:30 ↔ Exercises with Taylor [5th FL LR] 9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 📖 Sing along (4th floor) [4th FL LR] 10:00 🎵 Sing along with Taylor [5th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 1:1 visits with Rolen [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR] 4:00 1:1 visits	3 9:30 ↔ Morning stretches with Taylor [4th FL LR] 10:00 🎵 Music sing alongs - 4th floor [4th FL LR] 10:30 📖 Current Events - 4th floor [4th FL LR] 2:30 🎨 Arts & Crafts [4th FL LR] 4:00 1:1 visits 6:00 🎭 Spa / Movie night [4th FL LR]	4 9:15 📖 Balloon Burst Brain Games [4th FL LR] 9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC] 10:00 ↔ Chair Fitness Infusion [4th FL LR] 10:30 ↔ Noodle Ball [4th FL LR] 2:30 🎲 Puzzles and games and music [4th FL LR] 3:30 🎲 Mah jong [4th FL LR] 4:00 1:1 visits	5 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ↔ Instramix Exercise [5th FL LR] 10:00 ↔ Music & Motion [4th FL LR] 10:30 ↔ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 11:30 🍕 Nursing Residents Pizza Party [4th FL LR] 2:00 Christmas Carol Singing with Carolyn Arbuckle [6th FL LR] 3:00 🎲 Mah Jong [5th FL LR] 4:00 1:1 visits	6 9:30 ↔ Morning stretches with Tiffany [4th FL LR] 10:00 🎵 Singing and Music [4th FL LR] 10:30 🎲 Bingo [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:30 🎲 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR] 4:00 1:1 visits	7 9:15 🎵 Sing Along with Taylor [5th FL LR] 9:15 🎬 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 ↔ Exercise with Racyn [4th FL LR] 10:00 ↔ Instramix exercise with laisha [5th FL LR] 10:30 ↔ Balloon Toss [4th FL LR] 10:30 ↔ Ballooney Ball [5th FL LR] 2:00 🎨 Coloring, games, music [4th FL LR] 2:00 Friday Movie Matinee [4th FL LR] 4:00 1:1 visits	8 9:30 🎵 Sing-along [4th FL LR] 9:30 🎵 Song of the past with Taylor [5th FL LR] 10:00 ↔ Chair fitness with Taylor [5th FL LR] 10:00 ↔ Synergy Chair Fitness [4th FL LR] 10:30 🎲 BINGO [4th FL LR] 10:30 🎲 Bingo [5th FL LR] 3:00 🏠 Local Style Kitchen with Joy [3rd Actvty Rm] 4:00 1:1 visits 6:00 🎬 Movie night with Taylor [4th FL LR] 6:00 🏈 UH football vs. San Diego State [6th FL LR]
9 9:30 ↔ Exercises with Taylor [5th FL LR] 9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 📖 Sing along (4th floor) [4th FL LR] 10:00 🎵 Sing along with Taylor [5th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 1:1 visits with Rolen [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR] 4:00 1:1 visits	10 9:30 ↔ Morning stretches with Taylor [4th FL LR] 10:00 🎵 Music sing alongs - 4th floor [4th FL LR] 10:30 📖 Current Events - 4th floor [4th FL LR] 2:30 🎨 Arts & Crafts [4th FL LR] 4:00 1:1 visits 6:00 🎭 Spa / Movie night [4th FL LR]	11 Veteran's Day 9:15 📖 Balloon Burst Brain Games [4th FL LR] 9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC] 10:00 ↔ Chair Fitness Infusion [4th FL LR] 10:00 🎤 Hank the Singing Dutchman performance [3rd Actvty Rm] 10:30 ↔ Noodle Ball [4th FL LR] 2:30 🎲 Puzzles and games and music [4th FL LR] 3:30 🎲 Mah jong [4th FL LR] 4:00 1:1 visits	12 Roy hamada [3rd Actvty Rm] 3:00 🎲 Mah Jong [5th FL LR] 4:00 1:1 visits	13 10:00 🎤 Performance by the Royal Hawaiian Band [1st HPC] 2:30 🎲 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR] 4:00 1:1 visits	14 9:15 🎵 Sing Along with Taylor [5th FL LR] 9:15 🎬 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 📖 Church Service [3rd Actvty Rm] 10:00 ↔ Exercise with Taylor [5th FL LR] 10:00 ↔ Instramix exercise with laisha [4th FL LR] 10:30 ↔ Balloon Toss [4th FL LR] 10:30 ↔ Ballooney Ball [5th FL LR] 2:00 🎨 Coloring, games, music [4th FL LR] 2:00 Friday Movie Matinee [4th FL LR] 4:00 1:1 visits	15 10:00 🏠 Waialae Baptist Sings Winter performance [3rd Actvty Rm] 1:30 🎲 Kupuna Connection Club ('olani School volunteers) 3:00 🏠 Local Style Kitchen with Joy [3rd Actvty Rm] 4:00 1:1 visits 6:00 🎬 Movie night with Taylor [4th FL LR]
16 9:30 ↔ Exercises with Taylor [5th FL LR] 9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 📖 Sing along (4th floor) [4th FL LR] 10:00 🎵 Sing along with Taylor [5th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 1:1 visits with Rolen [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR] 4:00 1:1 visits	17 10:00 🎤 Music with Augie Rey [3rd Actvty Rm] 2:30 🎨 Arts & Crafts [4th FL LR] 4:00 1:1 visits 6:00 🎭 Spa / Movie night [4th FL LR]	18 9:30 🎤 JukeBox Singers [3rd Actvty Rm] 2:30 🎲 Puzzles and games and music [4th FL LR] 3:30 🎲 Mah jong [4th FL LR] 4:00 1:1 visits	19 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ↔ Exercise [4th FL LR] 10:00 ↔ Instramix Exercise [5th FL LR] 10:30 🎲 Kahala Nui Pickers [3rd Actvty Rm] 10:30 ↔ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 3:00 🎲 Mah Jong [5th FL LR] 4:00 1:1 visits	20 9:30 ↔ Morning stretches with Tiffany [4th FL LR] 10:00 🎵 Singing and Music [4th FL LR] 10:30 🎲 Bingo [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:30 🎲 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR] 4:00 1:1 visits	21 9:15 🎵 Sing Along with Taylor [5th FL LR] 9:15 🎬 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 ↔ Exercise with Racyn [4th FL LR] 10:00 ↔ Instramix exercise with laisha [5th FL LR] 10:30 ↔ Balloon Toss [4th FL LR] 10:30 ↔ Ballooney Ball [5th FL LR] 10:30 🎲 Monthly Resident Group Discussion [5th FL DR] 2:00 🎨 Coloring, games, music [4th FL LR] 2:00 Friday Movie Matinee [4th FL LR] 4:00 1:1 visits 5:30 🏈 UH football vs. UNLV [6th FL LR]	22 9:30 🎵 Sing-along [4th FL LR] 9:30 🎵 Song of the past with Taylor [5th FL LR] 10:00 ↔ Chair fitness with Taylor [5th FL LR] 10:00 ↔ Synergy Chair Fitness [4th FL LR] 10:30 🎲 BINGO [4th FL LR] 10:30 🎲 Bingo [5th FL LR] 3:00 🏠 Local Style Kitchen with Joy [3rd Actvty Rm] 4:00 1:1 visits 6:00 🎬 Movie night with Taylor [4th FL LR]
23 9:30 ↔ Exercises with Taylor [5th FL LR] 9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 📖 Sing along (4th floor) [4th FL LR] 10:00 🎵 Sing along with Taylor [5th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 1:1 visits with Rolen [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR] 4:00 1:1 visits	24 9:30 ↔ Morning stretches with Taylor [4th FL LR] 10:00 🎵 Music sing alongs - 4th floor [4th FL LR] 10:30 📖 Current Events - 4th floor [4th FL LR] 2:30 🎨 Arts & Crafts [4th FL LR] 4:00 1:1 visits 6:00 🎭 Spa / Movie night [4th FL LR]	25 9:15 📖 Balloon Burst Brain Games [4th FL LR] 9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC] 10:00 ↔ Chair Fitness Infusion [4th FL LR] 10:30 ↔ Noodle Ball [4th FL LR] 2:30 🎲 Puzzles and games and music [4th FL LR] 3:30 🎲 Mah jong [4th FL LR] 4:00 1:1 visits	26 10:00 Music with Glenn, Les, and Anna [3rd Actvty Rm] 3:00 🎲 Mah Jong [5th FL LR] 4:00 1:1 visits	27 Happy Thanksgiving 9:30 ↔ Morning stretches with Tiffany [4th FL LR] 10:00 🎵 Singing and Music [4th FL LR] 10:30 🎲 Bingo [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:30 🎲 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR] 4:00 1:1 visits	28 9:15 🎵 Sing Along with Taylor [5th FL LR] 9:15 🎬 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 ↔ Exercise with Taylor [5th FL LR] 10:00 ↔ Instramix exercise with laisha [4th FL LR] 10:30 ↔ Balloon Toss [4th FL LR] 10:30 ↔ Ballooney Ball [5th FL LR] 2:00 🎨 Coloring, games, music [4th FL LR] 2:00 Friday Movie Matinee [4th FL LR] 4:00 1:1 visits	29 9:30 🎵 Sing-along [4th FL LR] 9:30 🎵 Song of the past with Taylor [5th FL LR] 10:00 ↔ Chair fitness with Taylor [5th FL LR] 10:00 ↔ Synergy Chair Fitness [4th FL LR] 10:30 🎲 BINGO [4th FL LR] 10:30 🎲 Bingo [5th FL LR] 3:00 🏠 Local Style Kitchen with Joy [3rd Actvty Rm] 4:00 1:1 visits 6:00 🎬 Movie night with Taylor [4th FL LR] 6:00 🏈 UH football vs. Wyoming [6th FL LR]

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