




October 2025
Hi'olani Care Center Nursing 4th & 5th floors



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>9:15 🎵 Sing-a-long [4th FL LR]</div> <div>9:30 ↔ Exercises with Tiffany [5th FL LR]</div> <div>10:00 ↔ Instramix exercise [4th FL LR]</div> <div>10:00 🎵 Sing along [5th FL LR]</div> <div>10:30 ↔ Noodle Ball [5th FL LR]</div> <div>10:30 📖 Word Games [4th FL LR]</div> <div>3:00 🦋 Mah Jong [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>1</div>	<div>9:30 ↔ Morning stretches with Tiffany [4th FL LR]</div> <div>10:00 🎵 Singing and Music [4th FL LR]</div> <div>10:30 🦋 Bingo [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:30 🦋 Puzzles, games, and music [4th FL LR]</div> <div>3:30 📖 Balloon Burst [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>2</div>	<div>9:15 🎵 Sing Along with Taylor [5th FL LR]</div> <div>9:15 🦋 YouTube: Funny Dog & Cat Videos [4th FL LR]</div> <div>10:00 ↔ Exercise with Taylor [5th FL LR]</div> <div>10:00 ↔ Instramix exercise with laisha [4th FL LR]</div> <div>10:30 ↔ Balloon Toss [4th FL LR]</div> <div>10:30 ↔ Ballooney Ball [5th FL LR]</div> <div>2:00 🦋 Coloring, games, music [4th FL LR]</div> <div>2:00 Friday Movie Matinee [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>3</div>	<div>9:30 🎵 Sing-along [4th FL LR]</div> <div>9:30 🎵 Song of the past with Taylor [5th FL LR]</div> <div>10:00 ↔ Chair fitness with Taylor [5th FL LR]</div> <div>10:00 ↔ Synergy Chair Fitness [4th FL LR]</div> <div>10:30 🦋 BINGO [4th FL LR]</div> <div>10:30 🦋 Bingo [5th FL LR]</div> <div>3:00 🦋 Local Style Kitchen with Joy [3rd Actvty Rm]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Movie night with Taylor [4th FL LR]</div> <div>4</div>
<div>9:30 ↔ Exercises with Taylor [5th FL LR]</div> <div>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</div> <div>10:00 📖 Sing along (4th floor) [4th FL LR]</div> <div>10:00 🎵 Sing along with Taylor [5th FL LR]</div> <div>10:00 📖 Songs for Seniors Quiz [4th FL LR]</div> <div>10:30 🎵 Balloon Burst [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:00 📖 1:1 visits with Rolen [4th FL LR]</div> <div>3:00 🎵 Sing-a-long [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>5</div>	<div>9:30 ↔ Morning stretches with Taylor [4th FL LR]</div> <div>10:00 🦋 LOTUS/Golden Greeting Community Outreach Project [2nd FL Loft]</div> <div>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</div> <div>10:30 🕒 Current Events - 4th floor [4th FL LR]</div> <div>2:30 🦋 Arts & Crafts [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Spa / Movie night [4th FL LR]</div> <div>6</div>	<div>9:15 📖 Balloon Burst Brain Games [4th FL LR]</div> <div>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</div> <div>10:00 ↔ Chair Fitness Infusion [4th FL LR]</div> <div>10:30 ↔ Noodle Ball [4th FL LR]</div> <div>2:30 🦋 Puzzles and games and music [4th FL LR]</div> <div>3:30 🦋 Mah jong [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>7</div>	<div>9:15 🎵 Sing-a-long [4th FL LR]</div> <div>10:00 ↔ Instramix exercise [5th FL LR]</div> <div>10:00 ↔ Music & Motion [4th FL LR]</div> <div>10:30 ↔ Noodle Ball [5th FL LR]</div> <div>10:30 📖 Word Games [4th FL LR]</div> <div>11:30 🦋 Nursing Residents Pizza Party [4th FL LR]</div> <div>3:00 🦋 Mah Jong [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>8</div>	<div>9:30 ↔ Morning stretches with Tiffany [4th FL LR]</div> <div>10:00 🎵 Singing and Music [4th FL LR]</div> <div>10:30 🦋 Bingo [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:30 🦋 Puzzles, games, and music [4th FL LR]</div> <div>3:30 📖 Balloon Burst [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>9</div>	<div>9:15 🎵 Sing Along with Taylor [5th FL LR]</div> <div>9:15 🦋 YouTube: Funny Dog & Cat Videos [4th FL LR]</div> <div>10:00 📖 Church Service [3rd Actvty Rm]</div> <div>10:00 ↔ Exercise with Racyn [4th FL LR]</div> <div>10:00 ↔ Instramix exercise with laisha [5th FL LR]</div> <div>10:30 ↔ Balloon Toss [4th FL LR]</div> <div>10:30 ↔ Ballooney Ball [5th FL LR]</div> <div>2:00 🦋 Coloring, games, music [4th FL LR]</div> <div>2:00 Friday Movie Matinee [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>10</div>	<div>9:30 🎵 Sing-along [4th FL LR]</div> <div>9:30 🎵 Song of the past with Taylor [5th FL LR]</div> <div>10:00 ↔ Chair fitness with Taylor [5th FL LR]</div> <div>10:00 ↔ Synergy Chair Fitness [4th FL LR]</div> <div>10:30 🦋 BINGO [4th FL LR]</div> <div>10:30 🦋 Bingo [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Hi'olani Bon Dance with Somei Taiko / Kahala Nui Dancers [1st HPC]</div> <div>6:00 🦋 UH football vs. Utah State [6th FL LR]</div> <div>11</div>
<div>9:30 ↔ Exercises with Taylor [5th FL LR]</div> <div>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</div> <div>10:00 📖 Sing along (4th floor) [4th FL LR]</div> <div>10:00 🎵 Sing along with Taylor [5th FL LR]</div> <div>10:00 📖 Songs for Seniors Quiz [4th FL LR]</div> <div>10:30 🎵 Balloon Burst [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:00 📖 1:1 visits with Rolen [4th FL LR]</div> <div>3:00 🎵 Sing-a-long [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>12</div>	<div>9:30 ↔ Morning stretches with Taylor [4th FL LR]</div> <div>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</div> <div>10:30 🕒 Current Events - 4th floor [4th FL LR]</div> <div>2:30 🦋 Arts & Crafts [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Spa / Movie night [4th FL LR]</div> <div>13</div>	<div>10:00 🦋 Hank the Singing Dutchman performance [3rd Actvty Rm]</div> <div>2:30 🦋 Puzzles and games and music [4th FL LR]</div> <div>3:30 🦋 Mah jong [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>14</div>	<div>10:00 Roy hamada [3rd Actvty Rm]</div> <div>3:00 🦋 Mah Jong [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>15</div>	<div>9:30 ↔ Morning stretches with Tiffany [4th FL LR]</div> <div>10:00 🎵 Singing and Music [4th FL LR]</div> <div>10:30 🦋 Bingo [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:30 🦋 Puzzles, games, and music [4th FL LR]</div> <div>3:30 📖 Balloon Burst [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>16</div>	<div>9:15 🎵 Sing Along with Taylor [5th FL LR]</div> <div>9:15 🦋 YouTube: Funny Dog & Cat Videos [4th FL LR]</div> <div>10:00 ↔ Exercise with Taylor [5th FL LR]</div> <div>10:00 ↔ Instramix exercise with laisha [4th FL LR]</div> <div>10:30 ↔ Balloon Toss [4th FL LR]</div> <div>10:30 ↔ Ballooney Ball [5th FL LR]</div> <div>2:00 🦋 Coloring, games, music [4th FL LR]</div> <div>2:00 Friday Movie Matinee [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>17</div>	<div>9:30 🎵 Sing-along [4th FL LR]</div> <div>9:30 🎵 Song of the past with Taylor [5th FL LR]</div> <div>10:00 ↔ Chair fitness with Taylor [5th FL LR]</div> <div>10:00 ↔ Synergy Chair Fitness [4th FL LR]</div> <div>10:30 🦋 BINGO [4th FL LR]</div> <div>10:30 🦋 Bingo [5th FL LR]</div> <div>1:00 🦋 UH football vs. Colorado State [6th FL LR]</div> <div>3:00 🦋 Local Style Kitchen with Joy [3rd Actvty Rm]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Movie night with Taylor [4th FL LR]</div> <div>18</div>
<div>9:30 ↔ Exercises with Taylor [5th FL LR]</div> <div>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</div> <div>10:00 📖 Sing along (4th floor) [4th FL LR]</div> <div>10:00 🎵 Sing along with Taylor [5th FL LR]</div> <div>10:00 📖 Songs for Seniors Quiz [4th FL LR]</div> <div>10:30 🎵 Balloon Burst [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:00 📖 1:1 visits with Rolen [4th FL LR]</div> <div>3:00 🎵 Sing-a-long [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>19</div>	<div>10:00 🎵 Music with Augie Rey [3rd Actvty Rm]</div> <div>2:30 🦋 Arts & Crafts [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Spa / Movie night [4th FL LR]</div> <div>20</div>	<div>9:30 🦋 JukeBox Singers [3rd Actvty Rm]</div> <div>2:30 🦋 Puzzles and games and music [4th FL LR]</div> <div>3:30 🦋 Mah jong [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>21</div>	<div>10:00 Music with Glenn, Les and anna [3rd Actvty Rm]</div> <div>3:00 🦋 Mah Jong [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>22</div>	<div>9:30 ↔ Morning stretches with Tiffany [4th FL LR]</div> <div>10:00 🎵 Singing and Music [4th FL LR]</div> <div>10:30 🦋 Bingo [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:30 🦋 Puzzles, games, and music [4th FL LR]</div> <div>3:30 📖 Balloon Burst [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>23</div>	<div>9:15 🎵 Sing Along with Taylor [5th FL LR]</div> <div>9:15 🦋 YouTube: Funny Dog & Cat Videos [4th FL LR]</div> <div>10:00 ↔ Exercise with Racyn [4th FL LR]</div> <div>10:00 ↔ Instramix exercise with laisha [5th FL LR]</div> <div>10:30 ↔ Balloon Toss [4th FL LR]</div> <div>10:30 ↔ Ballooney Ball [5th FL LR]</div> <div>10:30 Resident Discussion Group [5th FL DR]</div> <div>2:00 🦋 Coloring, games, music [4th FL LR]</div> <div>2:00 Friday Movie Matinee [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>24</div>	<div>9:30 🎵 Sing-along [4th FL LR]</div> <div>9:30 🎵 Song of the past with Taylor [5th FL LR]</div> <div>10:00 ↔ Chair fitness with Taylor [5th FL LR]</div> <div>10:00 ↔ Synergy Chair Fitness [4th FL LR]</div> <div>10:30 🦋 BINGO [4th FL LR]</div> <div>10:30 🦋 Bingo [5th FL LR]</div> <div>3:00 🦋 Local Style Kitchen with Joy [3rd Actvty Rm]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Movie night with Taylor [4th FL LR]</div> <div>25</div>
<div>9:30 ↔ Exercises with Taylor [5th FL LR]</div> <div>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</div> <div>10:00 📖 Sing along (4th floor) [4th FL LR]</div> <div>10:00 🎵 Sing along with Taylor [5th FL LR]</div> <div>10:00 📖 Songs for Seniors Quiz [4th FL LR]</div> <div>10:30 🎵 Balloon Burst [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:00 📖 1:1 visits with Rolen [4th FL LR]</div> <div>3:00 🎵 Sing-a-long [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>26</div>	<div>9:30 ↔ Morning stretches with Taylor [4th FL LR]</div> <div>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</div> <div>10:30 🕒 Current Events - 4th floor [4th FL LR]</div> <div>2:30 🦋 Arts & Crafts [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>6:00 🦋 Spa / Movie night [4th FL LR]</div> <div>27</div>	<div>9:15 📖 Balloon Burst Brain Games [4th FL LR]</div> <div>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</div> <div>10:00 ↔ Chair Fitness Infusion [4th FL LR]</div> <div>10:30 ↔ Noodle Ball [4th FL LR]</div> <div>2:30 🦋 Puzzles and games and music [4th FL LR]</div> <div>3:30 🦋 Mah jong [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>28</div>	<div>9:15 🎵 Sing-a-long [4th FL LR]</div> <div>9:30 ↔ Exercises with Tiffany [5th FL LR]</div> <div>10:00 ↔ Instramix exercise [4th FL LR]</div> <div>10:00 🎵 Sing along [5th FL LR]</div> <div>10:30 ↔ Noodle Ball [5th FL LR]</div> <div>10:30 📖 Word Games [4th FL LR]</div> <div>3:00 🦋 Mah Jong [5th FL LR]</div> <div>4:00 1:1 visits</div> <div>29</div>	<div>9:30 ↔ Morning stretches with Tiffany [4th FL LR]</div> <div>10:00 🎵 Singing and Music [4th FL LR]</div> <div>10:30 🦋 Bingo [4th FL LR]</div> <div>11:00 📖 Current Events [4th FL LR]</div> <div>2:30 🦋 Puzzles, games, and music [4th FL LR]</div> <div>3:30 📖 Balloon Burst [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>30</div>	<div>HAPPY HALLOWEEN</div> <div>10:00 🦋 Halloween Party and Star of the Sea Costume parade [3rd Actvty Rm]</div> <div>2:00 🦋 Coloring, games, music [4th FL LR]</div> <div>2:00 Friday Movie Matinee [4th FL LR]</div> <div>4:00 1:1 visits</div> <div>31</div>	<div>"I'm so glad I live in a world where there are Octobers."</div> <div>— L.M. Montgomery, Anne of Green Gables</div>