

# October 2025

## Hi'olani Care Center Nursing 4th & 5th floors



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

			<p>9:15 🎵 Sing-a-long [4th FL LR] <b>1</b></p> <p>9:30 ↔ Exercises with Tiffany [5th FL LR]</p> <p>10:00 ↔ Instramix exercise [4th FL LR]</p> <p>10:00 🎵 Sing along [5th FL LR]</p> <p>10:30 ↔ Noodle Ball [5th FL LR]</p> <p>10:30 📖 Word Games [4th FL LR]</p> <p>3:00 🦋 Mah Jong [5th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Tiffany [4th FL LR] <b>2</b></p> <p>10:00 🎵 Singing and Music [4th FL LR]</p> <p>10:30 🎮 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing Along with Taylor [5th FL LR] <b>3</b></p> <p>9:15 🐾 YouTube: Funny Dog &amp; Cat Videos [4th FL LR]</p> <p>10:00 ↔ Exercise with Taylor [5th FL LR]</p> <p>10:00 ↔ Instramix exercise with laisha [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 ↔ Ballooney Ball [5th FL LR]</p> <p>2:00 🧩 Coloring, games, music [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 🎵 Sing-along [4th FL LR] <b>4</b></p> <p>9:30 🎵 Song of the past with Taylor [5th FL LR]</p> <p>10:00 ↔ Chair fitness with Taylor [5th FL LR]</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎮 BINGO [4th FL LR]</p> <p>10:30 🎮 Bingo [5th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Movie night with Taylor [4th FL LR]</p>
<p>9:30 ↔ Exercises with Taylor [5th FL LR] <b>5</b></p> <p>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</p> <p>10:00 📖 Sing along (4th floor) [4th FL LR]</p> <p>10:00 🎵 Sing along with Taylor [5th FL LR]</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 1:1 visits with Rolen [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Taylor [4th FL LR] <b>6</b></p> <p>10:00 🦋 LOTUS/Golden Greeting Community Outreach Project [2nd FL Loft]</p> <p>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</p> <p>10:30 📖 Current Events - 4th floor [4th FL LR]</p> <p>2:30 🧩 Arts &amp; Crafts [4th FL LR]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Spa / Movie night [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] <b>7</b></p> <p>9:30 🚌 Nursing Bus Ride - 4th &amp; 5th Floors [1st HPC]</p> <p>10:00 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [4th FL LR]</p> <p>2:30 🦋 Puzzles and games and music [4th FL LR]</p> <p>3:30 🦋 Mah jong [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] <b>8</b></p> <p>10:00 ↔ Instramix exercise [5th FL LR]</p> <p>10:00 ↔ Music &amp; Motion [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [5th FL LR]</p> <p>10:30 📖 Word Games [4th FL LR]</p> <p>11:30 🍕 Nursing Residents Pizza Party [4th FL LR]</p> <p>3:00 🦋 Mah Jong [5th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Tiffany [4th FL LR] <b>9</b></p> <p>10:00 🎵 Singing and Music [4th FL LR]</p> <p>10:30 🎮 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing Along with Taylor [5th FL LR] <b>10</b></p> <p>9:15 🐾 YouTube: Funny Dog &amp; Cat Videos [4th FL LR]</p> <p>10:00 📖 Church Service [3rd Actvty Rm]</p> <p>10:00 ↔ Exercise with Racyn [4th FL LR]</p> <p>10:00 ↔ Instramix exercise with laisha [5th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 ↔ Ballooney Ball [5th FL LR]</p> <p>2:00 🧩 Coloring, games, music [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 🎵 Sing-along [4th FL LR] <b>11</b></p> <p>9:30 🎵 Song of the past with Taylor [5th FL LR]</p> <p>10:00 ↔ Chair fitness with Taylor [5th FL LR]</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎮 BINGO [4th FL LR]</p> <p>10:30 🎮 Bingo [5th FL LR]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Hi'olani Bon Dance with Somei Taiko / Kahala Nui Dancers [1st HPC]</p> <p>6:00 🎬 UH football vs. Utah State [6th FL LR]</p>
<p>9:30 ↔ Exercises with Taylor [5th FL LR] <b>12</b></p> <p>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</p> <p>10:00 📖 Sing along (4th floor) [4th FL LR]</p> <p>10:00 🎵 Sing along with Taylor [5th FL LR]</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 1:1 visits with Rolen [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Taylor [4th FL LR] <b>13</b></p> <p>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</p> <p>10:30 📖 Current Events - 4th floor [4th FL LR]</p> <p>2:30 🧩 Arts &amp; Crafts [4th FL LR]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Spa / Movie night [4th FL LR]</p>	<p>10:00 🎮 Hank the Singing Dutchman performance [3rd Actvty Rm] <b>14</b></p> <p>2:30 🦋 Puzzles and games and music [4th FL LR]</p> <p>3:30 🦋 Mah jong [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>10:00 Roy hamada [3rd Actvty Rm] <b>15</b></p> <p>3:00 🦋 Mah Jong [5th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Tiffany [4th FL LR] <b>16</b></p> <p>10:00 🎵 Singing and Music [4th FL LR]</p> <p>10:30 🎮 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing Along with Taylor [5th FL LR] <b>17</b></p> <p>9:15 🐾 YouTube: Funny Dog &amp; Cat Videos [4th FL LR]</p> <p>10:00 ↔ Exercise with Taylor [5th FL LR]</p> <p>10:00 ↔ Instramix exercise with laisha [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 ↔ Ballooney Ball [5th FL LR]</p> <p>2:00 🧩 Coloring, games, music [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 🎵 Sing-along [4th FL LR] <b>18</b></p> <p>9:30 🎵 Song of the past with Taylor [5th FL LR]</p> <p>10:00 ↔ Chair fitness with Taylor [5th FL LR]</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎮 BINGO [4th FL LR]</p> <p>10:30 🎮 Bingo [5th FL LR]</p> <p>1:00 🎬 UH football vs. Colorado State [6th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Movie night with Taylor [4th FL LR]</p>
<p>9:30 ↔ Exercises with Taylor [5th FL LR] <b>19</b></p> <p>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</p> <p>10:00 📖 Sing along (4th floor) [4th FL LR]</p> <p>10:00 🎵 Sing along with Taylor [5th FL LR]</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 1:1 visits with Rolen [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>10:00 🎵 Music with Augie Rey [3rd Actvty Rm] <b>20</b></p> <p>2:30 🧩 Arts &amp; Crafts [4th FL LR]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Spa / Movie night [4th FL LR]</p>	<p>9:30 🎮 JukeBox Singers [3rd Actvty Rm] <b>21</b></p> <p>2:30 🦋 Puzzles and games and music [4th FL LR]</p> <p>3:30 🦋 Mah jong [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>10:00 Music with Glenn, Les and anna [3rd Actvty Rm] <b>22</b></p> <p>3:00 🦋 Mah Jong [5th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Tiffany [4th FL LR] <b>23</b></p> <p>10:00 🎵 Singing and Music [4th FL LR]</p> <p>10:30 🎮 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing Along with Taylor [5th FL LR] <b>24</b></p> <p>9:15 🐾 YouTube: Funny Dog &amp; Cat Videos [4th FL LR]</p> <p>10:00 ↔ Exercise with Racyn [4th FL LR]</p> <p>10:00 ↔ Instramix exercise with laisha [5th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 ↔ Ballooney Ball [5th FL LR]</p> <p>10:30 Resident Discussion Group [5th FL DR]</p> <p>2:00 🧩 Coloring, games, music [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 🎵 Sing-along [4th FL LR] <b>25</b></p> <p>9:30 🎵 Song of the past with Taylor [5th FL LR]</p> <p>10:00 ↔ Chair fitness with Taylor [5th FL LR]</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎮 BINGO [4th FL LR]</p> <p>10:30 🎮 Bingo [5th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Movie night with Taylor [4th FL LR]</p>
<p>9:30 ↔ Exercises with Taylor [5th FL LR] <b>26</b></p> <p>9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]</p> <p>10:00 📖 Sing along (4th floor) [4th FL LR]</p> <p>10:00 🎵 Sing along with Taylor [5th FL LR]</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 1:1 visits with Rolen [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Taylor [4th FL LR] <b>27</b></p> <p>10:00 🎵 Music sing alongs - 4th floor [4th FL LR]</p> <p>10:30 📖 Current Events - 4th floor [4th FL LR]</p> <p>2:30 🧩 Arts &amp; Crafts [4th FL LR]</p> <p>4:00 1:1 visits</p> <p>6:00 🎬 Spa / Movie night [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] <b>28</b></p> <p>9:30 🚌 Nursing Bus Ride - 4th &amp; 5th Floors [1st HPC]</p> <p>10:00 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [4th FL LR]</p> <p>2:30 🦋 Puzzles and games and music [4th FL LR]</p> <p>3:30 🦋 Mah jong [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] <b>29</b></p> <p>9:30 ↔ Exercises with Tiffany [5th FL LR]</p> <p>10:00 ↔ Instramix exercise [4th FL LR]</p> <p>10:00 🎵 Sing along [5th FL LR]</p> <p>10:30 ↔ Noodle Ball [5th FL LR]</p> <p>10:30 📖 Word Games [4th FL LR]</p> <p>3:00 🦋 Mah Jong [5th FL LR]</p> <p>4:00 1:1 visits</p>	<p>9:30 ↔ Morning stretches with Tiffany [4th FL LR] <b>30</b></p> <p>10:00 🎵 Singing and Music [4th FL LR]</p> <p>10:30 🎮 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p><b>HAPPY HALLOWEEN</b> <b>31</b></p> <p>10:00 🎮 Halloween Party and Star of the Sea Costume parade [3rd Actvty Rm]</p> <p>2:00 🧩 Coloring, games, music [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p> <p>4:00 1:1 visits</p>	<p>"I'm so glad I live in a world where there are Octobers."          — L.M. Montgomery, Anne of Green Gables</p>