



October 2025  
Hi'olani Care Center Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30  MS Bus Ride [1st HPC] <b>1</b> 1:30  Sing Along and Snack time [3rd Actvty Rm] 2:15  Exercise [3rd Actvty Rm] 2:45  World Cultures [3rd Actvty Rm] 3:00  Bingo [3rd Actvty Rm] 4:00 1:1 visits	9:00  Sing Along [3rd Actvty Rm] <b>2</b> 10:00  Silent Disco with Miranda [3rd Actvty Rm] 1:30  Bingo [3rd Actvty Rm] 2:15  Travel video [3rd Actvty Rm] 4:00 1:1 visits	9:30 MS bus ride [1st HPC] <b>3</b> 1:30  Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00  Ice Cream Cart [3rd FL] 2:30  Exercise Games [3rd Actvty Rm] 3:30  YouTube: Street Food Vendor Tours [3rd Actvty Rm] 4:00 1:1 visits	9:15  Songs of the Past [3rd Actvty Rm] <b>4</b> 10:00  Stars and Stripes Exercise [3rd Actvty Rm] 10:30  BINGO [3rd Actvty Rm] 1:30  Sing Along with Susie [3rd FL] 2:00  Hawaiian Style Cooking with Ryan 3:15  Pot Luck Quizzes [3rd Actvty Rm] 4:00 1:1 visits
9:00  Spiritual Sing Along [3rd Actvty Rm] <b>5</b> 9:45  Get Fit Exercise routine with Racyn [3rd Actvty Rm] 10:15  Trivia games with Racyn [3rd Actvty Rm] 11:00  Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30  Sing-a-long [3rd Actvty Rm] 2:30  World Cultures [3rd Actvty Rm] 3:00  Starting with the Letter... [3rd Actvty Rm] 3:30  BINGO [3rd Actvty Rm] 4:00 1:1 visits 6:00 Evening Activities with Taylor [3rd FL]	9:00  Exercises with Jennifer [3rd FL] <b>6</b> 10:00  Cooking time with Jen [3rd FL] 10:00  LOTUS/Golden Greeting Community Outreach Project [2nd FL Loft] 10:30  Fun and games [3rd FL] 11:00  Current Events / Daily Happenings 1:30  Chair Fitness exercises [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Sing alongs [3rd Actvty Rm] 3:00  Current Events [3rd Actvty Rm] 3:30  Food Cultures [3rd Actvty Rm] 4:00 1:1 visits 6:00  Bingo at Sunset with Taylor [3rd FL]	9:00  Music Therapy [3rd Actvty Rm] <b>7</b> 10:00  Exercise with Racyn [3rd Actvty Rm] 10:30  Alphabet Soup [3rd Actvty Rm] 11:00 Food videos for the senses [3rd Actvty Rm] 1:30  Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Exercise Games [3rd Actvty Rm] 3:30  Arm Chair Travel [3rd Actvty Rm] 4:00 1:1 visits	9:30  MS Bus Ride [1st HPC] <b>8</b> 1:30  Sing Along and Snack time [3rd Actvty Rm] 2:15  Exercise [3rd Actvty Rm] 2:45  World Cultures [3rd Actvty Rm] 3:00  Bingo [3rd Actvty Rm] 4:00 1:1 visits	9:00  Sing Along [3rd Actvty Rm] <b>9</b> 10:00  Silent Disco with Miranda [3rd Actvty Rm] 1:30  Bingo [3rd Actvty Rm] 2:15  Travel video [3rd Actvty Rm] 4:00 1:1 visits	9:30 MS bus ride [1st HPC] <b>10</b> 1:30  Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00  Ice Cream Cart [3rd FL] 2:30  Exercise Games [3rd Actvty Rm] 3:30  YouTube: Street Food Vendor Tours [3rd Actvty Rm] 4:00 1:1 visits	9:15  Songs of the Past [3rd Actvty Rm] <b>11</b> 10:00  Stars and Stripes Exercise [3rd Actvty Rm] 10:30  BINGO [3rd Actvty Rm] 4:00 1:1 visits 6:00  Hi'olani Bon Dance with Somei Taiko / Kahala Nui Dancers [1st HPC] 6:00  UH football vs. Utah State [6th FL LR]
9:00  Spiritual Sing Along [3rd Actvty Rm] <b>12</b> 9:45  Get Fit Exercise routine with Racyn [3rd Actvty Rm] 10:15  Trivia games with Racyn [3rd Actvty Rm] 11:00  Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30  Sing-a-long [3rd Actvty Rm] 2:30  World Cultures [3rd Actvty Rm] 3:00  Starting with the Letter... [3rd Actvty Rm] 3:30  BINGO [3rd Actvty Rm] 4:00 1:1 visits 6:00 Evening Activities with Taylor [3rd FL]	9:00  Exercises with Jennifer [3rd FL] <b>13</b> 10:00  Cooking time with Jen [3rd FL] 10:30  Fun and games [3rd FL] 11:00  Current Events / Daily Happenings 1:30  Chair Fitness exercises [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Sing alongs [3rd Actvty Rm] 3:00  Current Events [3rd Actvty Rm] 3:30  Food Cultures [3rd Actvty Rm] 4:00 1:1 visits 6:00  Bingo at Sunset with Taylor [3rd FL]	8:30  Music Therapy [3rd Actvty Rm] <b>14</b> 10:00  Hank the Singing Dutchman performance [3rd Actvty Rm] 1:30  Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Exercise Games [3rd Actvty Rm] 3:30  Arm Chair Travel [3rd Actvty Rm] 4:00 1:1 visits	10:00 Roy hamada [3rd Actvty Rm] <b>15</b> 1:30  Sing Along and Snack time [3rd Actvty Rm] 2:15  Exercise [3rd Actvty Rm] 2:45  World Cultures [3rd Actvty Rm] 3:00  Bingo [3rd Actvty Rm] 4:00 1:1 visits	9:00  Sing Along [3rd Actvty Rm] <b>16</b> 10:00  Silent Disco with Miranda [3rd Actvty Rm] 1:30  Bingo [3rd Actvty Rm] 2:15  Travel video [3rd Actvty Rm] 4:00 1:1 visits	9:30 MS bus ride [1st HPC] <b>17</b> 1:30  Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00  Ice Cream Cart [3rd FL] 2:30  Exercise Games [3rd Actvty Rm] 3:30  YouTube: Street Food Vendor Tours [3rd Actvty Rm] 4:00 1:1 visits	9:15  Songs of the Past [3rd Actvty Rm] <b>18</b> 10:00  Stars and Stripes Exercise [3rd Actvty Rm] 10:30  BINGO [3rd Actvty Rm] 1:00  UH football vs. Colorado State [6th FL LR] 1:30  Sing Along with Susie [3rd FL] 2:00  Hawaiian Style Cooking with Ryan 3:15  Pot Luck Quizzes [3rd Actvty Rm] 4:00 1:1 visits
9:00  Spiritual Sing Along [3rd Actvty Rm] <b>19</b> 9:45  Get Fit Exercise routine with Racyn [3rd Actvty Rm] 10:15  Trivia games with Racyn [3rd Actvty Rm] 11:00  Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30  Sing-a-long [3rd Actvty Rm] 2:30  World Cultures [3rd Actvty Rm] 3:00  Starting with the Letter... [3rd Actvty Rm] 3:30  BINGO [3rd Actvty Rm] 4:00 1:1 visits 6:00 Evening Activities with Taylor [3rd FL]	10:00  Music with Augie Rey [3rd Actvty Rm] <b>20</b> 1:30  Chair Fitness exercises [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Sing alongs [3rd Actvty Rm] 3:00  Current Events [3rd Actvty Rm] 3:30  Food Cultures [3rd Actvty Rm] 4:00 1:1 visits 6:00  Bingo at Sunset with Taylor [3rd FL]	8:30  Music Therapy [3rd Actvty Rm] <b>21</b> 9:30  JukeBox Singers [3rd Actvty Rm] 1:30  Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Exercise Games [3rd Actvty Rm] 3:30  Arm Chair Travel [3rd Actvty Rm] 4:00 1:1 visits	10:00 Music with Glenn, Les and anna [3rd Actvty Rm] <b>22</b> 1:30  Sing Along and Snack time [3rd Actvty Rm] 2:15  Exercise [3rd Actvty Rm] 2:45  World Cultures [3rd Actvty Rm] 3:00  Bingo [3rd Actvty Rm] 4:00 1:1 visits	9:00  Sing Along [3rd Actvty Rm] <b>23</b> 10:00  Silent Disco with Miranda [3rd Actvty Rm] 1:30  Bingo [3rd Actvty Rm] 2:15  Travel video [3rd Actvty Rm] 4:00 1:1 visits	9:30 MS bus ride [1st HPC] <b>24</b> 1:30  Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00  Ice Cream Cart [3rd FL] 2:30  Exercise Games [3rd Actvty Rm] 3:30  YouTube: Street Food Vendor Tours [3rd Actvty Rm] 4:00 1:1 visits	9:15  Songs of the Past [3rd Actvty Rm] <b>25</b> 10:00  Stars and Stripes Exercise [3rd Actvty Rm] 10:30  BINGO [3rd Actvty Rm] 1:30  Sing Along with Susie [3rd FL] 2:00  Hawaiian Style Cooking with Ryan 3:15  Pot Luck Quizzes [3rd Actvty Rm] 4:00 1:1 visits
9:00  Spiritual Sing Along [3rd Actvty Rm] <b>26</b> 9:45  Get Fit Exercise routine with Racyn [3rd Actvty Rm] 10:15  Trivia games with Racyn [3rd Actvty Rm] 11:00  Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30  Sing-a-long [3rd Actvty Rm] 2:30  World Cultures [3rd Actvty Rm] 3:00  Starting with the Letter... [3rd Actvty Rm] 3:30  BINGO [3rd Actvty Rm] 4:00 1:1 visits 6:00 Evening Activities with Taylor [3rd FL]	9:00  Exercises with Jennifer [3rd FL] <b>27</b> 10:00  Cooking time with Jen [3rd FL] 10:30  Fun and games [3rd FL] 11:00  Current Events / Daily Happenings 1:30  Chair Fitness exercises [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Sing alongs [3rd Actvty Rm] 3:00  Current Events [3rd Actvty Rm] 3:30  Food Cultures [3rd Actvty Rm] 4:00 1:1 visits 6:00  Bingo at Sunset with Taylor [3rd FL]	9:00  Music Therapy [3rd Actvty Rm] <b>28</b> 10:00  Exercise with Racyn [3rd Actvty Rm] 10:30  Alphabet Soup [3rd Actvty Rm] 11:00 Food videos for the senses [3rd Actvty Rm] 1:30  Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00  Brain Games [3rd Actvty Rm] 2:30  Exercise Games [3rd Actvty Rm] 3:30  Arm Chair Travel [3rd Actvty Rm] 4:00 1:1 visits	9:30  MS Bus Ride [1st HPC] <b>29</b> 1:30  Sing Along and Snack time [3rd Actvty Rm] 2:15  Exercise [3rd Actvty Rm] 2:45  World Cultures [3rd Actvty Rm] 3:00  Bingo [3rd Actvty Rm] 4:00 1:1 visits	9:00  Sing Along [3rd Actvty Rm] <b>30</b> 10:00  Silent Disco with Miranda [3rd Actvty Rm] 1:30  Bingo [3rd Actvty Rm] 2:15  Travel video [3rd Actvty Rm] 4:00 1:1 visits	<b>HAPPY HALLOWEEN</b> <b>31</b> 10:00  Halloween Party and Star of the Sea Costume parade [3rd Actvty Rm] 1:30  Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00  Ice Cream Cart [3rd FL] 2:30  Exercise Games [3rd Actvty Rm] 3:30  YouTube: Street Food Vendor Tours [3rd Actvty Rm] 4:00 1:1 visits	<b>"I'm so glad I live in a world where there are Octobers." — L.M. Montgomery, Anne of Green Gables</b>