August 202	5			
Hi'olani Care Ce		Nursing 4	4th & 5th floo	ors
Sunday		M	onday	
August cont'd	31	-11		
9:30   ■ Exercises with Taylor [5th FL	<b>5</b> 1			



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd  9:30 ↔ Exercises with Taylor [5th FL LR]  9:30 ↔ Harmony Chair Yoga (4th floor) [4th FL LR]  10:00 ⑤ Sing along (4th floor) [4th FL LR]  10:00 ⑤ Songs for Seniors Quiz [4th FL LR]  10:00 ⑥ Songs for Seniors Quiz [4th FL LR]  10:30 ⑤ Balloon Burst [4th FL LR]  11:00 ⑥ Current Events [4th FL LR]  2:00 ⑥ 1:1 visits with Rolen [4th FL LR]  3:00 ⑤ Sing-a-long [4th FL LR]  4:00 1:1 visits	HELLOT	HI'OLANI CARE CENTER KĀHAĻA NUI		"Mistakes are proof that you are trying" — Unknown	9:15	9:30   Sing-along [4th FL LR] 9:30   Song of the past with Taylor [5th FL LR] 10:00   Chair fitness with Taylor [5th FL LR] 10:30   Synergy Chair Fitness [4th FL LR] 10:30   Singo [4th FL LR] 10:30   Singo [5th FL LR] 3:00   Local Style Kitchen with Joy [3rd Actvty Rm] 4:00   1:1 visits 6:00   Movie night with Taylor [4th FL LR]
9:30 Exercises with Taylor [5th FL LR] 9:30 Harmony Chair Yoga (4th floor) [4th FL LR] 10:00 Sing along (4th floor) [4th FL LR] 10:00 Songs for Seniors Quiz [4th FL LR] 10:30 Salloon Burst [4th FL LR] 11:00 Current Events [4th FL LR] 2:00 1:1 visits with Rolen [4th FL LR] 3:00 Sing-a-long [4th FL LR] 4:00 1:1 visits	9:30 Morning stretches with Taylor [5th FL LR] 9:30 Morning stretches with Tiffany - 4th floor [4th FL LR] 10:00 Music sing alongs - 4th floor [4th FL LR] 10:30 Sing along with Taylor [5th FL LR] 10:30 Current Events - 4th floor [4th FL LR] 11:00 Trivia games for seniors - 5th floor [4th FL LR] 2:30 Arts & Crafts [4th FL LR] 4:00 1:1 visits	9:15 ■ Balloon Burst Brain Games [4th FL LR]  9:30 Nursing Bus Ride - 4th & 5th Floors [1st HPC]  10:00 Chair Fitness Infusion [4th FL LR]  10:30 Noodle Ball [4th FL LR]  2:30 Puzzles and games and music [4th FL LR]  3:30 Mah jong [4th FL LR]  4:00 1:1 visits	9:15	9:30 Morning stretches with Tiffany [4th FL LR]  10:00 Singing and Music [4th FL LR]  10:30 Bingo [4th FL LR]  11:00 Current Events [4th FL LR]  2:30 Puzzles, games, and music [4th FL LR]  3:30 Balloon Burst [4th FL LR]  4:00 1:1 visits	9:15 Sing Along with Taylor [5th FL LR] 9:15 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 Church Service [3rd Actvty Rm] 10:00 Hostramix exercise with laisha [4th FL LR] 10:30 Balloon Toss [4th FL LR] 10:30 Ballooney Ball [5th FL LR] 2:00 Coloring, games, music [4th FL LR] 2:00 Friday Movie Matinee [4th FL LR] 4:00 1:1 visits	9:30
9:30 → Exercises with Taylor [5th FL LR] 9:30 → Harmony Chair Yoga (4th floor) [4th FL LR] 10:00  Sing along (4th floor) [4th FL LR] 10:00  Songs for Seniors Quiz [4th FL LR] 10:30  Balloon Burst [4th FL LR] 11:00  Current Events [4th FL LR] 2:00  1:1 visits with Rolen [4th FL LR] 3:00  Sing-a-long [4th FL LR] 4:00 1:1 visits	9:30 Morning stretches with Taylor [5th FL LR] 9:30 Morning stretches with Tiffany - 4th floor [4th FL LR] 10:00 Music sing alongs - 4th floor [4th FL LR] 10:30 Current Events - 4th floor [4th FL LR] 11:00 Current Events [5th FL LR] 11:00 Trivia games for seniors - 5th floor [4th FL LR] 2:30 Arts & Crafts [4th FL LR] 4:00 1:1 visits	9:15 ■ Balloon Burst Brain Games [4th FL LR]  9:30 Nursing Bus Ride - 4th & 5th Floors [1st HPC]  10:00 → Chair Fitness Infusion [4th FL LR]  10:30 → Noodle Ball [4th FL LR]  2:30 → Puzzles and games and music [4th FL LR]  3:30 → Mah jong [4th FL LR]  4:00 1:1 visits	9:15	10:00 Legacy musical performance [3rd Actvty Rm] 2:30 Puzzles, games, and music [4th FL LR] 3:30 Balloon Burst [4th FL LR] 4:00 1:1 visits	9:15   Sing Along with Taylor [5th FL LR]  9:15   YouTube: Funny Dog & Cat Videos [4th FL LR]  10:00   Instramix exercise with laisha [4th FL LR]  10:30   Balloon Toss [4th FL LR]  10:30   Ballooney Ball [5th FL LR]  10:30   Monthly Resident Group Discussion [5th FL DR]  2:00   Coloring, games, music [4th FL LR]  4:00   1:1 visits	9:30  Sing-along [4th FL LR] 9:30  Song of the past with Taylor [5th FL LR]  10:00  Chair fitness with Taylor [5th FL LR]  10:30  Synergy Chair Fitness [4th FL LR]  10:30  BINGO [4th FL LR]  10:30  Bingo [5th FL LR]  3:00  Local Style Kitchen with Joy [3rd Actvty Rm]  4:00  1:1 visits  6:00  Movie night with Taylor [4th FL LR]
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