
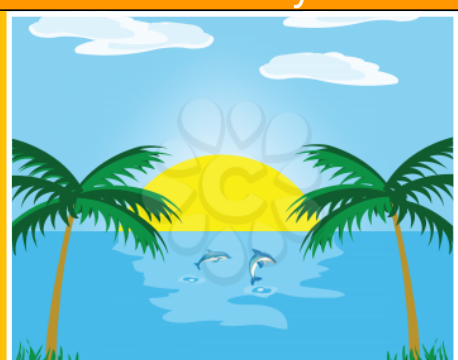


August 2024

Hi'olani Care Center Nursing 4th & 5th floors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h3>AUGUST</h3>			<p>"Fairest of the months! Ripe summer's queen The hey-day of the year With robes that gleam with sunny sheen Sweet August doth appear." — R. Combe Miller</p>	<p>9:00 🎵 Sing-along [4th FL LR] 1 9:30 ➡ Movers -n- Shakers Chair Fitness [4th FL LR] 10:00 🎮 Bingo [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:30 🧩 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 2 9:30 🧘 Harmony Chair Yoga [4th FL LR] 10:00 📖 Balloon Burst trivia word game [4th FL LR] 10:30 ➡ Balloon Toss [4th FL LR] 2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 3 10:00 ➡ Synergy Chair Fitness [4th FL LR] 10:30 🎮 BINGO (4th floor residents) [4th FL LR]</p>
<p>9:30 ➡ Harmony Chair Yoga [4th FL LR] 4 10:00 📖 Songs for Seniors Quiz [4th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 Noodle Ball [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] 5 10:00 ➡ Balance of Harmony Chair Yoga [4th FL LR] 10:30 📖 Current Events [4th FL LR] 11:00 ➡ Trivia games for seniors [4th FL LR] 2:30 🎬 Monday Movie Matinee [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] 6 10:00 ➡ Chair Fitness Infusion [4th FL LR] 10:30 ➡ Noodle Ball [4th FL LR] 3:30 🦋 Mah jong [4th FL LR]</p>	<p>9:15 🎵 Sing Along [5th FL LR] 7 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ➡ Music & Motion [4th FL LR] 10:00 ➡ Music and Motion exercise class [5th FL LR] 10:00 🐾 Pet Visits with Meli 10:30 ➡ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 3:00 🦋 Mah Jong [5th FL LR]</p>	<p>9:15 🎵 Sing-along [4th FL LR] 8 10:00 ➡ Movers -n- Shakers Chair Fitness [4th FL LR] 10:30 🎮 Bingo [4th FL LR] 2:30 🧩 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:15 🎵 Sing along [4th FL LR] 9 10:00 📖 Church Service with Pastor Brad Chow [3rd Actvty Rm] 10:00 ➡ Fit and Fabulous Exercises [4th FL LR] 10:45 ➡ Noodle Ball [4th FL LR] 2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 10 10:00 ➡ Synergy Chair Fitness [4th FL LR] 10:30 🎮 BINGO (4th floor residents) [4th FL LR]</p>
<p>9:30 ➡ Harmony Chair Yoga [4th FL LR] 11 10:00 📖 Songs for Seniors Quiz [4th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 Noodle Ball [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] 12 10:00 ➡ Balance of Harmony Chair Yoga [4th FL LR] 10:30 📖 Current Events [4th FL LR] 11:00 ➡ Trivia games for seniors [4th FL LR] 2:30 🎬 Monday Movie Matinee [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] 13 10:00 ➡ Chair Fitness Infusion [4th FL LR] 10:30 ➡ Noodle Ball [4th FL LR]</p>	<p>9:15 🎵 Sing Along [5th FL LR] 14 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ➡ Music & Motion [4th FL LR] 10:00 ➡ Music and Motion exercise class [5th FL LR] 10:30 ➡ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 11:30 🍕 Nursing Residents Pizza Party [4th FL LR] 3:00 🦋 Mah Jong [5th FL LR]</p>	<p>10:00 🎮 Royal Hawaiian Band Performance [1st HPC] 15 2:30 🧩 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR]</p>	<p>Statehood Day 16 9:15 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 10:00 ➡ Instramix Exercise Class [4th FL LR] 10:30 ➡ Balloon Toss [4th FL LR] 10:30 🦋 Monthly Resident Group Discussion [5th FL DR] 2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 17 10:00 ➡ Synergy Chair Fitness [4th FL LR] 10:30 🎮 BINGO (4th floor residents) [4th FL LR]</p>
<p>9:30 ➡ Harmony Chair Yoga [4th FL LR] 18 10:00 📖 Songs for Seniors Quiz [4th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 Noodle Ball [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] 19 10:00 ➡ Balance of Harmony Chair Yoga [4th FL LR] 10:30 📖 Current Events [4th FL LR] 11:00 ➡ Trivia games for seniors [4th FL LR] 2:30 🎬 Monday Movie Matinee [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] 20 9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC] 10:00 ➡ Chair Fitness Infusion [4th FL LR] 10:30 ➡ Noodle Ball [4th FL LR] 2:30 🧩 Puzzles and games and music [4th FL LR] 3:30 🦋 Mah jong [4th FL LR]</p>	<p>9:15 🎵 Sing Along [5th FL LR] 21 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ➡ Music & Motion [4th FL LR] 10:00 ➡ Music and Motion exercise class [5th FL LR] 10:30 ➡ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 3:00 🦋 Mah Jong [5th FL LR]</p>	<p>9:15 🎵 Sing-along [4th FL LR] 22 10:00 🎮 Mele with Dean Hirata [3rd Actvty Rm] 10:00 ➡ Movers -n- Shakers Chair Fitness [4th FL LR] 10:30 🎮 Bingo [4th FL LR] 2:30 🧩 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:15 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 23 9:45 🧘 Harmony Chair Yoga [4th FL LR] 10:30 ➡ Balloon Toss [4th FL LR] 2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 24 10:00 ➡ Synergy Chair Fitness [4th FL LR] 10:30 🎮 BINGO (4th floor residents) [4th FL LR] 3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ➡ Harmony Chair Yoga [4th FL LR] 25 10:00 📖 Songs for Seniors Quiz [4th FL LR] 10:30 🎵 Balloon Burst [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:00 📖 Noodle Ball [4th FL LR] 3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:15 🎵 Sing-a-long [4th FL LR] 26 10:00 ➡ Balance of Harmony Chair Yoga [4th FL LR] 10:30 📖 Current Events [4th FL LR] 11:00 ➡ Trivia games for seniors [4th FL LR] 2:30 🎬 Monday Movie Matinee [4th FL LR]</p>	<p>9:15 📖 Balloon Burst Brain Games [4th FL LR] 27 9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC] 10:00 ➡ Chair Fitness Infusion [4th FL LR] 10:30 ➡ Noodle Ball [4th FL LR] 2:30 🧩 Puzzles and games and music [4th FL LR] 3:30 🦋 Mah jong [4th FL LR]</p>	<p>9:15 🎵 Sing Along [5th FL LR] 28 9:15 🎵 Sing-a-long [4th FL LR] 10:00 ➡ Music & Motion [4th FL LR] 10:00 ➡ Music and Motion exercise class [5th FL LR] 10:30 ➡ Noodle Ball [5th FL LR] 10:30 📖 Word Games [4th FL LR] 3:00 🦋 Mah Jong [5th FL LR]</p>	<p>9:15 🎵 Sing-along [4th FL LR] 29 10:00 ➡ Movers -n- Shakers Chair Fitness [4th FL LR] 10:30 🎮 Bingo [4th FL LR] 11:00 📖 Current Events [4th FL LR] 2:30 🧩 Puzzles, games, and music [4th FL LR] 3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:15 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 30 9:45 🧘 Harmony Chair Yoga [4th FL LR] 10:30 ➡ Balloon Toss [4th FL LR] 2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 31 10:00 ➡ Synergy Chair Fitness [4th FL LR] 10:30 🎮 BINGO (4th floor residents) [4th FL LR] 3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p>