




# August 2024

## Hi'olani Care Center Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>"Fairest of the months! Ripe summer's queen The hey-day of the year With robes that gleam with sunny sheen Sweet August doth appear." — R. Combe Miller</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] <b>1</b></p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd FL] <b>2</b></p> <p>10:30 ↔ Movin' to the Oldies [3rd FL]</p> <p>11:00 📖 Alphabet Soup [3rd FL]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🚲 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] <b>3</b></p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🌿 BINGO [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along with Susie [3rd FL]</p> <p>2:00 🚲 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along [3rd Actvty Rm] <b>4</b></p> <p>10:00 ↔ Get fit Exercise program [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Karaoke with Elise [3rd FL] <b>5</b></p> <p>10:00 ↔ Be Fit with Elise [3rd FL]</p> <p>10:30 🦋 Fun and games with Elise [3rd FL]</p> <p>11:00 🦋 Current Events / Daily Happenings with Elise</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Music Therapy [3rd Actvty Rm] <b>6</b></p> <p>10:00 ↔ Exercise with Racyn [3rd Actvty Rm]</p> <p>10:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>11:00 📖 Food videos for the senses [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing along [3rd Actvty Rm] <b>7</b></p> <p>9:30 ↔ 30 minute exercise class [3rd Actvty Rm]</p> <p>10:00 🐾 Pet Visits with Meli</p> <p>10:00 📖 Trivia games [3rd Actvty Rm]</p> <p>10:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>11:00 🦋 Food videos for the soul [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along and Snack time [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] <b>8</b></p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd FL] <b>9</b></p> <p>10:30 ↔ Movin' to the Oldies [3rd FL]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🚲 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] <b>10</b></p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🌿 BINGO [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along with Susie [3rd FL]</p> <p>2:00 🚲 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along [3rd Actvty Rm] <b>11</b></p> <p>10:00 ↔ Get fit Exercise program [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Karaoke with Elise [3rd FL] <b>12</b></p> <p>10:00 ↔ Be Fit with Elise [3rd FL]</p> <p>10:30 🦋 Fun and games with Elise [3rd FL]</p> <p>11:00 🦋 Current Events / Daily Happenings with Elise</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Music Therapy [3rd Actvty Rm] <b>13</b></p> <p>10:00 ↔ Exercise with Racyn [3rd Actvty Rm]</p> <p>10:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>11:00 📖 Food videos for the senses [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing Along [3rd FL] <b>14</b></p> <p>9:30 ↔ 30 minute exercises [3rd FL]</p> <p>10:00 📖 Trivia games [3rd FL]</p> <p>10:30 🕒 This Day in History [3rd FL]</p> <p>11:00 🌿 Food videos for the soul [3rd FL]</p> <p>1:30 🎵 Sing Along and Snack time [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>10:00 🌿 Royal Hawaiian Band Performance [1st HPC] <b>15</b></p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p><b>Statehood Day</b> <b>16</b></p> <p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🚲 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] <b>17</b></p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🌿 BINGO [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along with Susie [3rd FL]</p> <p>2:00 🚲 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along [3rd Actvty Rm] <b>18</b></p> <p>10:00 ↔ Get fit Exercise program [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Karaoke with Elise [3rd FL] <b>19</b></p> <p>10:00 ↔ Be Fit with Elise [3rd FL]</p> <p>10:30 🦋 Fun and games with Elise [3rd FL]</p> <p>11:00 🦋 Current Events / Daily Happenings with Elise</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Music Therapy [3rd Actvty Rm] <b>20</b></p> <p>10:00 ↔ Exercise with Racyn [3rd Actvty Rm]</p> <p>10:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>11:00 📖 Food videos for the senses [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚲 MS Bus Ride [1st HPC] <b>21</b></p> <p>1:30 🎵 Sing Along and Snack time [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>10:00 🌿 Mele with Dean Hirata [3rd Actvty Rm] <b>22</b></p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] <b>23</b></p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🚲 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] <b>24</b></p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🌿 BINGO [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along with Susie [3rd FL]</p> <p>2:00 🚲 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along [3rd Actvty Rm] <b>25</b></p> <p>10:00 ↔ Get fit Exercise program [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Karaoke with Elise [3rd FL] <b>26</b></p> <p>10:00 ↔ Be Fit with Elise [3rd FL]</p> <p>10:30 🦋 Fun and games with Elise [3rd FL]</p> <p>11:00 🦋 Current Events / Daily Happenings with Elise</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Music Therapy [3rd Actvty Rm] <b>27</b></p> <p>10:00 ↔ Exercise with Racyn [3rd Actvty Rm]</p> <p>10:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>11:00 📖 Food videos for the senses [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚲 MS Bus Ride [1st HPC] <b>28</b></p> <p>1:30 🎵 Sing Along and Snack time [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] <b>29</b></p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] <b>30</b></p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🚲 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] <b>31</b></p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🌿 BINGO [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along with Susie [3rd FL]</p> <p>2:00 🚲 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>