

# April 2024

## Hi'olani Care Center Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>April Fool's Day 1</b> 1:30 ↔ Chair Fitness exercises [3rd Actvty Rm] 2:00 📖 Brain Games [3rd Actvty Rm] 2:30 📖 Trivia games [3rd Actvty Rm] 3:00 🦋 Current Events [3rd Actvty Rm] 3:30 🦋 Food Cultures [3rd Actvty Rm]	<b>2</b> 9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9:30 📖 Alphabet Soup [3rd Actvty Rm] 10:00 🎵 Music Therapy [3rd Actvty Rm] 11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm] 1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00 ↔ Brain Games [3rd Actvty Rm] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 Arm Chair Travel [3rd Actvty Rm]	<b>3</b> 9:30 🚌 MS Bus Ride [1st HPC] 1:30 🎵 Sing Along and Snack time [3rd Actvty Rm] 2:15 ↔ Exercise [3rd Actvty Rm] 2:45 🌍 World Cultures [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>4</b> 9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 9:30 📖 World's Longest Word [3rd Actvty Rm] 10:30 ↔ Noodle Ball [3rd Actvty Rm] 1:30 🎵 Sing Along [3rd Actvty Rm] 2:15 📖 Trivia / Brain Games [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>5</b> 9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 10:30 ↔ Movin' to the Oldies [3rd Actvty Rm] 11:00 📖 Alphabet Soup [3rd Actvty Rm] 1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00 🍦 Ice Cream Cart [3rd FL] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]	<b>6</b> 9:15 🎵 Songs of the Past [3rd Actvty Rm] 10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm] 10:30 🌿 BINGO [3rd Actvty Rm] 1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm] 2:00 🍷 Hawaiian Style Cooking with Ryan 3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]
<b>7</b> 9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 📖 Brain Games [3rd Actvty Rm] 11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30 🎵 Sing-a-long [3rd Actvty Rm] 2:30 🌍 World Cultures [3rd Actvty Rm] 3:00 📖 Starting with the Letter... [3rd Actvty Rm] 3:30 🦋 BINGO [3rd Actvty Rm]	<b>8</b> 9:00 🎨 Art Therapy 1:30 ↔ Chair Fitness exercises [3rd Actvty Rm] 2:00 📖 Brain Games [3rd Actvty Rm] 2:30 📖 Trivia games [3rd Actvty Rm] 3:00 🦋 Current Events [3rd Actvty Rm] 3:30 🦋 Food Cultures [3rd Actvty Rm]	<b>9</b> 9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9:30 📖 Alphabet Soup [3rd Actvty Rm] 10:00 🎵 Music Therapy [3rd Actvty Rm] 11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm] 1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00 ↔ Brain Games [3rd Actvty Rm] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 Arm Chair Travel [3rd Actvty Rm]	<b>10</b> 9:30 🚌 MS Bus Ride [1st HPC] 1:30 🎵 Sing Along and Snack time [3rd Actvty Rm] 2:15 ↔ Exercise [3rd Actvty Rm] 2:45 🌍 World Cultures [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>11</b> 9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 9:30 📖 World's Longest Word [3rd Actvty Rm] 10:30 ↔ Noodle Ball [3rd Actvty Rm] 1:30 🎵 Sing Along [3rd Actvty Rm] 2:15 📖 Trivia / Brain Games [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>12</b> 9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 10:30 ↔ Movin' to the Oldies [3rd Actvty Rm] 11:00 📖 Alphabet Soup [3rd Actvty Rm] 1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00 🍦 Ice Cream Cart [3rd FL] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]	<b>No morning activities 13</b> 1:30 🦋 'Iolani Kupuna Connection Club [3rd FL]
<b>14</b> 9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 🌿 Musical Potpourri with Manny Wong (Presented by Winnie Chan Piano Studio) [3rd Actvty Rm] 1:30 🎵 Sing-a-long [3rd Actvty Rm] 2:30 🌍 World Cultures [3rd Actvty Rm] 3:00 📖 Starting with the Letter... [3rd Actvty Rm] 3:30 🦋 BINGO [3rd Actvty Rm]	<b>15</b> 9:00 🎨 Art Therapy 1:30 ↔ Chair Fitness exercises [3rd Actvty Rm] 2:00 📖 Brain Games [3rd Actvty Rm] 2:30 📖 Trivia games [3rd Actvty Rm] 3:00 🦋 Current Events [3rd Actvty Rm] 3:30 🦋 Food Cultures [3rd Actvty Rm]	<b>16</b> 9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9:30 📖 Alphabet Soup [3rd Actvty Rm] 10:00 🎵 Music Therapy [3rd Actvty Rm] 11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm] 1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00 ↔ Brain Games [3rd Actvty Rm] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 Arm Chair Travel [3rd Actvty Rm]	<b>17</b> 10:00 🌿 Hank the Singing Dutchman [3rd Actvty Rm] 1:30 🎵 Sing Along and Snack time [3rd Actvty Rm] 2:15 ↔ Exercise [3rd Actvty Rm] 2:45 🌍 World Cultures [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>18</b> 10:00 🌿 Mele with Dean Hirata [3rd Actvty Rm] 1:30 🎵 Sing Along [3rd Actvty Rm] 2:15 📖 Trivia / Brain Games [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>19</b> 9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 10:30 ↔ Movin' to the Oldies [3rd Actvty Rm] 11:00 📖 Alphabet Soup [3rd Actvty Rm] 1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00 🍦 Ice Cream Cart [3rd FL] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]	<b>No Activities Today 20</b>
<b>21</b> 9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 📖 Brain Games [3rd Actvty Rm] 11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30 🎵 Sing-a-long [3rd Actvty Rm] 2:30 🌍 World Cultures [3rd Actvty Rm] 3:00 📖 Starting with the Letter... [3rd Actvty Rm] 3:30 🦋 BINGO [3rd Actvty Rm]	<b>Earth Day 22</b> 9:00 🎨 Art Therapy 1:30 ↔ Chair Fitness exercises [3rd Actvty Rm] 2:00 📖 Brain Games [3rd Actvty Rm] 2:30 📖 Trivia games [3rd Actvty Rm] 3:00 🦋 Current Events [3rd Actvty Rm] 3:30 🦋 Food Cultures [3rd Actvty Rm]	<b>23</b> 9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9:30 📖 Alphabet Soup [3rd Actvty Rm] 10:00 🎵 Music Therapy [3rd Actvty Rm] 11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm] 2:00 🌿 Music Performance by Hale Hou [3rd Actvty Rm]	<b>24</b> 9:30 🚌 MS Bus Ride [1st HPC] 1:30 🎵 Sing Along and Snack time [3rd Actvty Rm] 2:15 ↔ Exercise [3rd Actvty Rm] 2:45 🌍 World Cultures [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>25</b> 9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 9:30 📖 World's Longest Word [3rd Actvty Rm] 10:30 ↔ Noodle Ball [3rd Actvty Rm] 1:30 🎵 Sing Along [3rd Actvty Rm] 2:15 📖 Trivia / Brain Games [3rd Actvty Rm] 3:00 🦋 Bingo [3rd Actvty Rm]	<b>26</b> 9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 10:30 ↔ Movin' to the Oldies [3rd Actvty Rm] 11:00 📖 Alphabet Soup [3rd Actvty Rm] 1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm] 2:00 🍦 Ice Cream Cart [3rd FL] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]	<b>27</b> 9:15 🎵 Songs of the Past [3rd Actvty Rm] 10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm] 10:30 🌿 BINGO [3rd Actvty Rm] 1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm] 2:00 🍷 Hawaiian Style Cooking with Ryan 3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]
<b>28</b> 9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 📖 Brain Games [3rd Actvty Rm] 11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm] 1:30 🎵 Sing-a-long [3rd Actvty Rm] 2:30 🌍 World Cultures [3rd Actvty Rm] 3:00 📖 Starting with the Letter... [3rd Actvty Rm] 3:30 🦋 BINGO [3rd Actvty Rm]	<b>29</b> 9:00 🎨 Art Therapy 1:30 ↔ Chair Fitness exercises [3rd Actvty Rm] 2:00 📖 Brain Games [3rd Actvty Rm] 2:30 📖 Trivia games [3rd Actvty Rm] 3:00 🦋 Current Events [3rd Actvty Rm] 3:30 🦋 Food Cultures [3rd Actvty Rm]	<b>30</b> 9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9:30 📖 Alphabet Soup [3rd Actvty Rm] 10:00 🎵 Music Therapy [3rd Actvty Rm] 11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm] 1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 2:00 ↔ Brain Games [3rd Actvty Rm] 2:30 ↔ Exercise Games [3rd Actvty Rm] 3:30 🌿 Arm Chair Travel [3rd Actvty Rm]			<p>"April hath put a spirit of youth in everything." — William Shakespeare</p>	