

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	April Fool's Day 1 9:00 🎵 Sing along [3rd Actvty Rm] 9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 10:00 🧩 Craft time with Rolan 2:00 🌸 Manis with Rolan [6th FL LR] 3:00 🌿 Joyful Connections [6th FL LR] 6:00 🌿 Mah Jong [6th FL NS]	9:00 🎵 Music [6th FL LR] 2 9:30 ↔ Strength and Balance with Lennon [6th FL LR] 10:30 Mind Games with Rolan [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:00 🧩 Joyful Connections [6th FL LR]	9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 3 9:30 📖 Brain Workout [3rd Actvty Rm] 10:00 📖 Art Therapy [3rd Actvty Rm] 1:30 🚌 Holo Holo Bus Ride / Lanikai [1st HPC] 2:00 🍿 Popcorn Bar 6:00 🌿 Mah Jong [6th FL NS]	9:00 🎵 Sing-a-long [6th FL LR] 4 9:30 ↔ Hi'olani Health Club Chair Fitness (Theraband fitness) [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 3:30 🌿 Relaxation and self care with Rolan [6th FL LR] 6:00 🦋 Bingo Night [3rd FL]	9:00 🎵 Old Time Favorite Songs [6th FL LR] 5 9:30 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Exercise with Bronson [6th FL LR]	9:30 ↔ Superstar Chair Fitness [6th FL LR] 6 10:00 📖 Mind Games [6th FL LR] 10:30 🌿 BINGO [6th FL LR] 1:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧩 Arts & Crafts [6th FL LR] 3:30 📖 Haiku Poems with Daisy [6th FL LR]			
	9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 7 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 📖 Brain Games [3rd Actvty Rm] 11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm] 2:00 🌿 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 🌿 Mah Jong [6th FL NS]	9:00 🎵 Sing along [3rd Actvty Rm] 8 9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 10:00 🧩 Craft time with Rolan [3rd Actvty Rm] 2:00 🌸 Manis with Rolan [6th FL LR] 3:00 🌿 Joyful Connections [6th FL LR] 6:00 🌿 Mah Jong [6th FL NS]	9:00 🎵 Music [6th FL LR] 9 9:30 ↔ Strength and Balance with Lennon [6th FL LR] 10:30 Mind Games with Rolan [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:00 🧩 Joyful Connections [6th FL LR]	9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 10 9:30 Art therapy [3rd Actvty Rm] 10:30 🌿 Dr. Arbuckle Piano sing along [3rd Actvty Rm] 1:30 🚌 Holo Holo Bus Ride / Palolo / Manoa [1st HPC] 2:00 🍿 Popcorn Bar 6:00 🌿 Mah Jong [6th FL NS]	9:00 🎵 Sing-a-long [6th FL LR] 11 9:30 ↔ Hi'olani Health Club Chair Fitness (Theraband fitness) [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 3:30 🌿 Relaxation and self care with Rolan [6th FL LR] 6:00 🦋 Bingo Night [3rd FL]	9:00 🎵 Old Time Favorite Songs [6th FL LR] 12 9:30 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Church Service with Pastor Brad Chow [3rd Actvty Rm] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Exercise with Bronson [6th FL LR]	9:30 ↔ Superstar Chair Fitness [6th FL LR] 13 10:00 📖 Mind Games [6th FL LR] 10:30 🌿 BINGO [6th FL LR] 1:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧩 Arts & Crafts [6th FL LR] 3:30 📖 Photography Class with Daisy [6th FL LR]		
	9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 14 10:00 ↔ Get fit with Bronson [3rd Actvty Rm] 10:30 🌿 Musical Potpourri with Manny Wong (Presented by Winnie Chan Piano Studio) [3rd Actvty Rm] 2:00 🌿 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 🌿 Mah Jong [6th FL NS]	9:00 🎵 Sing along [3rd Actvty Rm] 15 9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 10:00 🧩 Craft time with Rolan [3rd Actvty Rm] 11:30 🍕 Assisted Living Pizza Party [KDR] 2:00 🌸 Manis with Rolan [6th FL LR] 3:00 🌿 Joyful Connections [6th FL LR] 6:00 🌿 Mah Jong [6th FL NS]	9:00 🎵 Music [6th FL LR] 16 9:30 ↔ Strength and Balance with Lennon [6th FL LR] 10:30 Mind Games with Rolan [6th FL LR] 2:00 📖 Crossword Puzzle [6th FL LR] 3:00 🧩 Joyful Connections [6th FL LR]	10:00 🌿 Hank the Singing Dutchman [3rd Actvty Rm] 17 1:30 🚌 Holo Holo Bus Ride / Sand Island / Kakaako [1st HPC] 2:00 🍿 Popcorn Bar 6:00 🌿 Mah Jong [6th FL NS]	10:00 🌿 Mele with Dean Hirata [3rd Actvty Rm] 18 3:30 🌿 Relaxation and self care with Rolan [6th FL LR] 6:00 🦋 Bingo Night [3rd FL]	9:00 🎵 Old Time Favorite Songs [6th FL LR] 19 9:30 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 10:00 📖 Piggy Bankers [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Exercise with Bronson [6th FL LR]	9:30 ↔ Superstar Chair Fitness [6th FL LR] 20 10:00 📖 Mind Games [6th FL LR] 10:30 🌿 BINGO [6th FL LR] 1:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm] 2:15 🧩 Arts & Crafts [6th FL LR] 3:30 📖 Haiku Poems with Daisy [6th FL LR]		
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