

February 2024

Hi'olani Care Center Memory Support

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>FEBRUARY</p>	 <p>HI'OLANI CARE CENTER AT KĀHALA NUI</p>	 <p>Happy Valentine's Day</p>		<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 1</p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>GROUNDHOGS DAY 2</p> <p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🍦 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:30 🦋 Chinese New Year Celebration [1st HPC] 3</p> <p>1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm]</p> <p>2:00 🍳 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 4</p> <p>10:00 ↔ Get fit with Bronson [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎨 Art Therapy 5</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 6</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 🎵 Music Therapy [3rd Actvty Rm]</p> <p>11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 7</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:30 🍿 Popcorn Bar</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 8</p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 9</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🍦 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>HAPPY CHINESE NEW YEAR (YEAR OF THE DRAGON) 10</p> <p>9:15 🎵 Songs of the Past [3rd Actvty Rm]</p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🦋 BINGO [3rd Actvty Rm]</p> <p>1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm]</p> <p>2:00 🍳 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>SUPERBOWL SUNDAY 11</p> <p>9:00 🎵 Sing along with Bronson [3rd Actvty Rm]</p> <p>10:00 ↔ Get fit with Bronson [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🌿 Superbowl Game [3rd Actvty Rm]</p>	<p>9:00 🎨 Art Therapy 12</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>MARDI GRAS 13</p> <p>10:30 🌿 Valentine's Day Program with Phil and Friends [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>VALENTINE'S DAY 14</p> <p>9:30 🚌 MS Bus Ride [1st HPC]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:30 🍿 Popcorn Bar</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 15</p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 16</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🍦 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:15 🎵 Songs of the Past [3rd Actvty Rm] 17</p> <p>10:00 ↔ Stars and Stripes Exercise [3rd Actvty Rm]</p> <p>10:30 🦋 BINGO [3rd Actvty Rm]</p> <p>1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm]</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 18</p> <p>10:00 ↔ Get fit with Bronson [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>PRESIDENT'S DAY 19</p> <p>9:00 🎨 Art Therapy</p> <p>2:00 🎵 Piano Recital with Shirley Iwase Piano Studio [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 20</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 🎵 Music Therapy [3rd Actvty Rm]</p> <p>11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 21</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:30 🍿 Popcorn Bar</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>10:00 🌿 Mele with Dean Hirata [3rd Actvty Rm] 22</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 23</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:30 📖 Songs from the 20s, 30s and 40s [3rd Actvty Rm]</p> <p>2:00 🍦 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:30 ↔ Stars and Stripes Exercise [3rd Actvty Rm] 24</p> <p>10:30 Pure Nerves Performs "Love from all Angles" [3rd Actvty Rm]</p> <p>1:30 📺 PBS Hawai'i Classics [3rd Actvty Rm]</p> <p>2:00 🍳 Hawaiian Style Cooking with Ryan</p> <p>3:15 📖 Pot Luck Quizzes [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing along with Bronson [3rd Actvty Rm] 25</p> <p>10:00 ↔ Get fit with Bronson [3rd Actvty Rm]</p> <p>10:30 📖 Brain Games [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and youtube videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd Actvty Rm]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎨 Art Therapy 26</p> <p>1:30 ↔ Chair Fitness exercises [3rd Actvty Rm]</p> <p>2:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:30 📖 Trivia games [3rd Actvty Rm]</p> <p>3:00 🦋 Current Events [3rd Actvty Rm]</p> <p>3:30 🦋 Food Cultures [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 27</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 🎵 Music Therapy [3rd Actvty Rm]</p> <p>11:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>1:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>3:30 🌿 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 28</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 ↔ Exercise [3rd Actvty Rm]</p> <p>2:30 🍿 Popcorn Bar</p> <p>2:45 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd Actvty Rm] 29</p> <p>9:30 📖 World's Longest Word [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:30 🎵 Sing Along [3rd Actvty Rm]</p> <p>2:15 📖 Trivia / Brain Games [3rd Actvty Rm]</p> <p>3:00 🦋 Bingo [3rd Actvty Rm]</p>		<p>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." — John Boswell</p>