



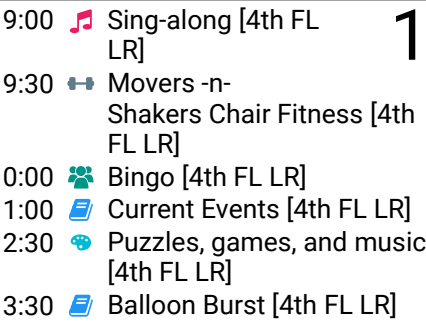
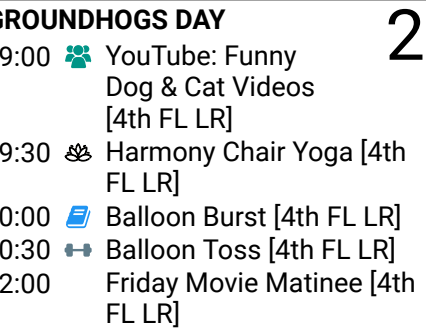
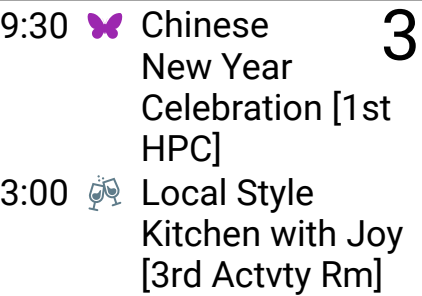



February 2024

Hi'olani Care Center Nursing 4th & 5th floors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 4</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 5</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 6</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [4th FL LR]</p> <p>2:30 🧩 Puzzles and games [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 7</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🕒 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 1</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🐾 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>GROUNDHOGS DAY 2</p> <p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR]</p> <p>9:30 🧘 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🧩 Chinese New Year Celebration [1st HPC] 3</p> <p>3:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>SUPERBOWL SUNDAY 11</p> <p>9:30 ↔ Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 12</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>MARDI GRAS 13</p> <p>10:30 🐾 Valentine's Day Program with Phil and Friends [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles and games [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>VALENTINE'S DAY 14</p> <p>9:00 🎵 Sing along for 5th floor residents [5th FL LR]</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🕒 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p> <p>11:30 🍕 Nursing Residents Pizza Party [4th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 15</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🐾 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 16</p> <p>9:30 🧘 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 🧩 Monthly Resident Group Discussion [5th FL DR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 17</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 18</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>PRESIDENT'S DAY 19</p> <p>9:00 🎵 Sing-a-long [4th FL LR]</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 20</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [4th FL LR]</p> <p>2:30 🧩 Puzzles and games [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 21</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🕒 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>10:00 🐾 Mele with Dean Hirata [3rd Actvty Rm] 22</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 23</p> <p>9:30 🧘 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 24</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🧩 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 25</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 26</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 27</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 ↔ Noodle Ball [4th FL LR]</p> <p>2:30 🧩 Puzzles and games [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 28</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🕒 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 29</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🐾 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>		<p>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour."</p> <p>— John Boswell</p>