




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 1</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🎲 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 2</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🎲 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🎵 Music, Puzzles, Coloring [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 3</p> <p>9:30 🌿 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 4</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:00 🐾 UH football - UH vs Nevada [6th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 5</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 6</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 7</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 8</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🎲 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p> <p>11:30 🍕 Nursing Residents Pizza Party [4th FL LR]</p>	<p>10:00 🎵 Royal Hawaiian Band Performs for Veteran's Day [1st HPC] 9</p> <p>2:30 🎵 Music, Puzzles, Coloring [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 10</p> <p>9:30 🌿 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 11</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p> <p>5:00 🐾 UH football - UH vs Air Force [6th FL LR]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 12</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 13</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 14</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 15</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🎲 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 16</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🎲 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🎵 Music, Puzzles, Coloring [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 17</p> <p>9:30 🌿 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 🗳 Resident Council [5th FL DR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>8:00 UH FOOTBALL - UH VS WYOMING [6th FL LR] 18</p> <p>9:30 🎵 Sing-along [4th FL LR]</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 19</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 20</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 21</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 22</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🎲 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 23</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🎲 Thanksgiving Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🎵 Music, Puzzles, Coloring [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 24</p> <p>9:30 🌿 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>2:00 🎬 Friday Movie Matinee [4th FL LR]</p>	<p>9:30 🎵 Sing-along [4th FL LR] 25</p> <p>10:00 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🐾 BINGO (4th floor residents) [4th FL LR]</p> <p>3:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm]</p> <p>5:00 UH FOOTBALL - UH VS COLORADO STATE [6th FL LR]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 26</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 27</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Trivia games for seniors [4th FL LR]</p> <p>2:30 🐾 Monday Movie Matinee [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 28</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing along for 5th floor residents [5th FL LR] 29</p> <p>9:00 🎵 Sing-a-long for 4th floor residents [4th FL LR]</p> <p>9:30 ↔ Music & Motion for 4th floor [4th FL LR]</p> <p>9:30 ↔ Music and Motion for 5th floor [5th FL LR]</p> <p>10:00 📖 Word Games for 4th floor [4th FL LR]</p> <p>10:00 🎲 Word games [5th FL LR]</p> <p>10:45 ↔ Noodle Ball [5th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 30</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [4th FL LR]</p> <p>10:00 🎲 Bingo [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:30 🎵 Music, Puzzles, Coloring [3rd Actvty Rm]</p> <p>2:30 🧩 Puzzles, games, and music [4th FL LR]</p> <p>3:30 📖 Balloon Burst [4th FL LR]</p>	<p>“Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves.”</p> <p>— Unknown</p>	