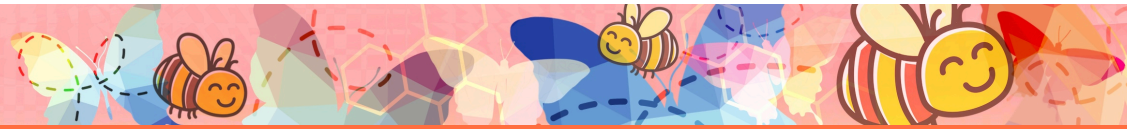





May 2023

Hi'olani Care Center Memory Support



created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:00 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>HAPPY MAY DAY LEI DAY!!!</p> <p>9:00 🎵 Sing-a-long [3rd FL] 1</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 2</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚗 MS Bus Ride [1st HPC] 3</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🦋 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 ↔ Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 4</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🦋 Finish the Quiz [3rd FL]</p> <p>3:30 🦋 BINGO [3rd FL]</p>	<p>HAPPY CINCO de MAYO!</p> <p>10:00 🦋 CINCO de MAYO CELEBRATION! [3rd Actvty Rm] 5</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 6</p> <p>9:30 🦋 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🦋 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🦋 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-a-long [3rd Actvty Rm] 7</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 8</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 🦋 Horse Race Game [3rd Actvty Rm]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 9</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚗 MS Bus Ride [1st HPC] 10</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🦋 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 ↔ Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 11</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🦋 Finish the Quiz [3rd FL]</p> <p>3:30 🦋 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 12</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 13</p> <p>9:30 🦋 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🦋 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🦋 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>HAPPY MOTHER'S DAY!!</p> <p>9:00 🎵 Sing-a-long [3rd Actvty Rm] 14</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 15</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 16</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚗 MS Bus Ride [1st HPC] 17</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🦋 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 ↔ Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 18</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🦋 Finish the Quiz [3rd FL]</p> <p>3:30 🦋 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 19</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 20</p> <p>9:30 🦋 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🦋 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🦋 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-a-long [3rd Actvty Rm] 21</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 22</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 🦋 Horse Race Game [3rd Actvty Rm]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 23</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚗 MS Bus Ride [1st HPC] 24</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🦋 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 ↔ Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 25</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🦋 Finish the Quiz [3rd FL]</p> <p>3:30 🦋 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 26</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 27</p> <p>9:30 🦋 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🦋 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🦋 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-a-long [3rd Actvty Rm] 28</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🦋 BINGO [3rd Actvty Rm]</p>	<p>HAPPY MEMORIAL DAY 2023!</p> <p>9:00 🎵 Sing-a-long [3rd FL] 29</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎧 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🦋 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 30</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🦋 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚗 MS Bus Ride [1st HPC] 31</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🦋 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 ↔ Noodle Ball [3rd FL]</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>MEMORIAL day</p> </div> <div style="text-align: center;">  <p>HI'OLANI CARE CENTER AT KĀHALA NUI</p> </div> <div style="text-align: center;"> <p>"Look deep into nature and you will understand everything better"</p> <p>— Albert Einstein</p> </div> </div>		