

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 5</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	 <p>9:00 🎵 Sing-a-long [4th FL LR] 6</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Parachute Game [4th FL LR]</p> <p>2:30 🎲 Balloony Ball [4th FL LR]</p> <p>3:30 📖 Balloon Burst Trivia [4th FL LR]</p>	 <p>9:00 📖 Balloon Burst [4th FL LR] 7</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 1</p> <p>9:30 ↔ Music & Motion [4th FL LR]</p> <p>10:00 📖 Word Games [4th FL LR]</p>	<p>9:00 🎵 Sing-along [3rd Actvty Rm] 2</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm]</p> <p>10:00 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>11:00 📖 Current Events [3rd Actvty Rm]</p> <p>2:30 🎲 Joyful Connections [3rd Actvty Rm]</p> <p>3:30 📖 Balloon Burst [3rd Actvty Rm]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 3</p> <p>9:30 🕒 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 4</p> <p>9:30 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎲 BINGO [4th FL LR]</p> <p>3:00 🍷 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 12</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 13</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Parachute Game [4th FL LR]</p> <p>2:30 🎲 Balloony Ball [4th FL LR]</p> <p>3:30 📖 Balloon Burst Trivia [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 14</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 15</p> <p>9:30 ↔ Music & Motion [4th FL LR]</p> <p>10:00 📖 Word Games [4th FL LR]</p>	<p>9:00 🎵 Sing-along [3rd Actvty Rm] 16</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm]</p> <p>10:00 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>11:00 📖 Current Events [3rd Actvty Rm]</p> <p>2:30 🎲 Joyful Connections [3rd Actvty Rm]</p> <p>3:30 📖 Balloon Burst [3rd Actvty Rm]</p>	<p>HAPPY ST. PATRICK'S DAY! 17</p> <p>10:00 🐾 St. Patrick's Day Celebration [1st HPC]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 18</p> <p>9:30 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎲 BINGO [4th FL LR]</p> <p>3:00 🍷 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 19</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 20</p> <p>9:30 ↔ Balance of Harmony Chair Yoga [4th FL LR]</p> <p>10:00 🕒 This Day in History [4th FL LR]</p> <p>10:30 ↔ Parachute Game [4th FL LR]</p> <p>2:30 🎲 Balloony Ball [4th FL LR]</p> <p>3:30 📖 Balloon Burst Trivia [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 21</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🌸 Spa 22</p> <p>Sensations [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-along [3rd Actvty Rm] 23</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm]</p> <p>10:00 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>11:00 📖 Current Events [3rd Actvty Rm]</p> <p>2:30 🎲 Joyful Connections [3rd Actvty Rm]</p> <p>3:30 📖 Balloon Burst [3rd Actvty Rm]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 24</p> <p>9:30 🕒 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p> <p>10:30 🦋 Resident Council [5th FL DR]</p>	<p>9:00 🎵 Sing-along [4th FL LR] 25</p> <p>9:30 ↔ Synergy Chair Fitness [4th FL LR]</p> <p>10:30 🎲 BINGO [4th FL LR]</p> <p>3:00 🍷 Local Style Kitchen with Joy [3rd Actvty Rm]</p>
<p>9:30 ↔ Harmony Chair Yoga [4th FL LR] 26</p> <p>10:00 📖 Songs for Seniors Quiz [4th FL LR]</p> <p>10:30 🎵 Balloon Burst [4th FL LR]</p> <p>11:00 📖 Current Events [4th FL LR]</p> <p>2:00 📖 Noodle Ball [4th FL LR]</p> <p>3:00 🎵 Sing-a-long [4th FL LR]</p>	<p>Happy Prince Kuhio Day! 27</p> <p>10:00 🎵 Royal Hawaiian Band Performs for Prince Kuhio Day [1st HPC]</p> <p>2:30 🎲 Balloony Ball [4th FL LR]</p> <p>3:30 📖 Balloon Burst Trivia [4th FL LR]</p>	<p>9:00 📖 Balloon Burst [4th FL LR] 28</p> <p>9:30 ↔ Chair Fitness Infusion [4th FL LR]</p> <p>9:30 🚌 Nursing Bus Ride - 4th & 5th Floors [1st HPC]</p> <p>10:00 📖 Crosswords [4th FL LR]</p> <p>10:30 🎵 Sing-a-long [4th FL LR]</p> <p>2:30 ↔ Noodle Ball [4th FL LR]</p> <p>3:30 🎵 Spiritual Sing-a-long [4th FL LR]</p>	<p>9:00 🎵 Sing-a-long [4th FL LR] 29</p> <p>9:30 ↔ Music & Motion [4th FL LR]</p> <p>10:00 📖 Word Games [4th FL LR]</p>	<p>9:00 🎵 Sing-along [3rd Actvty Rm] 30</p> <p>9:30 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm]</p> <p>10:00 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>11:00 📖 Current Events [3rd Actvty Rm]</p> <p>2:30 🎲 Joyful Connections [3rd Actvty Rm]</p> <p>3:30 📖 Balloon Burst [3rd Actvty Rm]</p>	<p>9:00 🐾 YouTube: Funny Dog & Cat Videos [4th FL LR] 31</p> <p>9:30 🕒 Harmony Chair Yoga [4th FL LR]</p> <p>10:00 📖 Balloon Burst [4th FL LR]</p> <p>10:30 ↔ Balloon Toss [4th FL LR]</p>	<p>"The meeting of preparation with opportunity generates the offspring we call luck." — Anthony Robbins</p>