

March 2023 Hi'olani Care Center Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Kūhiō Day <i>Prince Jonah Kūhiō Kalanianaʻōle</i> <i>Ke Alii Makaʻāinana - The Citizen Prince</i></p>	 <p>HAPPY ST. PATRICK'S DAY</p>		<p>9:30 🚌 MS Bus Ride [1st HPC] 1</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🎮 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 🍝 Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 2</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🎮 Finish the Quiz [3rd FL]</p> <p>3:30 🎮 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 3</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 4</p> <p>9:30 🎮 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🎮 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🎮 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-along [3rd Actvty Rm] 5</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🎮 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 6</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎮 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🎮 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 7</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 8</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🎮 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 🍝 Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 9</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🎮 Finish the Quiz [3rd FL]</p> <p>3:30 🎮 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 10</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 11</p> <p>9:30 🎮 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🎮 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🎮 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-along [3rd Actvty Rm] 12</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🎮 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 13</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 🎮 Horse Race Game [3rd Actvty Rm]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎮 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🎮 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 14</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 15</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🎮 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 🍝 Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 16</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🎮 Finish the Quiz [3rd FL]</p> <p>3:30 🎮 BINGO [3rd FL]</p>	<p>HAPPY ST. PATRICK'S DAY! 17</p> <p>10:00 🎮 St. Patrick's Day Celebration [1st HPC]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 18</p> <p>9:30 🎮 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🎮 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🎮 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-along [3rd Actvty Rm] 19</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🎮 BINGO [3rd Actvty Rm]</p>	<p>9:00 🎵 Sing-a-long [3rd FL] 20</p> <p>9:30 🎵 Music Therapy [3rd FL]</p> <p>10:30 ↔ Chair Exercise [3rd FL]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 ↔ Ring Toss Game [3rd FL]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎮 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🎮 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 21</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:00 🌸 Spa Sensations [3rd Actvty Rm] 22</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🎮 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 🍝 Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 23</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🎮 Finish the Quiz [3rd FL]</p> <p>3:30 🎮 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 24</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 25</p> <p>9:30 🎮 YouTube: Cooking Video [3rd Actvty Rm]</p> <p>10:00 🍿 Cooking Hawaii Style With Ryan [3rd Actvty Rm]</p> <p>1:00 🎮 Hawaiian Sing along [3rd Actvty Rm]</p> <p>2:00 🎮 BINGO [3rd Actvty Rm]</p> <p>3:30 📖 Pot Luck Quizzes # 31, 32 & 33 [3rd Actvty Rm]</p>
<p>9:00 🎵 Sing-along [3rd Actvty Rm] 26</p> <p>10:00 📖 Current Events [3rd Actvty Rm]</p> <p>10:30 ↔ Superstar Fitness Club [3rd Actvty Rm]</p> <p>11:00 📖 Culinary Trivia and YouTube Videos [3rd Actvty Rm]</p> <p>1:30 🎵 Sing-a-long [3rd Actvty Rm]</p> <p>2:30 🌍 World Cultures [3rd Actvty Rm]</p> <p>3:00 📖 Starting with the Letter... [3rd FL]</p> <p>3:30 🎮 BINGO [3rd Actvty Rm]</p>	<p>Happy Prince Kuhio Day! 27</p> <p>10:00 🎵 Royal Hawaiian Band Performs for Prince Kuhio Day [1st HPC]</p> <p>1:00 📖 Potluck Trivia [3rd Actvty Rm]</p> <p>1:30 🎮 Horse Race Game [3rd Actvty Rm]</p> <p>2:30 🕒 This Day in History [3rd Actvty Rm]</p> <p>3:00 🎮 Music, Colors & Puzzles [3rd Actvty Rm]</p> <p>4:00 🎮 Current Events [3rd Actvty Rm]</p>	<p>9:00 🎵 Songs from the 20's, 30's and 40's [3rd Actvty Rm] 28</p> <p>9:30 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>10:00 ↔ Superstar Chair Fitness [3rd Actvty Rm]</p> <p>10:30 ↔ Noodle Ball [3rd Actvty Rm]</p> <p>1:00 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm]</p> <p>2:00 ↔ Brain Games [3rd Actvty Rm]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 Arm Chair Travel [3rd Actvty Rm]</p>	<p>9:30 🚌 MS Bus Ride [1st HPC] 29</p> <p>1:00 🎵 Spiritual Sing Along [3rd Actvty Rm]</p> <p>1:30 🎮 Memory Support Pizza Party [3rd FL]</p> <p>2:00 📖 Trivia Challenge & Word Games [3rd Actvty Rm]</p> <p>2:30 🎮 BINGO [3rd Actvty Rm]</p> <p>3:00 🍿 Popcorn Bar [3rd Actvty Rm]</p> <p>3:30 🍝 Noodle Ball [3rd FL]</p>	<p>9:00 ↔ Balance of Harmony Chair Yoga [3rd FL] 30</p> <p>9:30 📖 World's Longest Word [3rd FL]</p> <p>10:30 ↔ Noodle Ball [3rd FL]</p> <p>1:00 📖 Target Letter Game [3rd FL]</p> <p>2:00 🎵 Sing-a-long [3rd FL]</p> <p>3:00 🎮 Finish the Quiz [3rd FL]</p> <p>3:30 🎮 BINGO [3rd FL]</p>	<p>9:30 🎵 Old Time Favorites Sing-a-long [3rd Actvty Rm] 31</p> <p>10:30 ↔ Movin' to the Oldies [3rd Actvty Rm]</p> <p>11:00 📖 Alphabet Soup [3rd Actvty Rm]</p> <p>1:00 📖 Brain Games [3rd Actvty Rm]</p> <p>2:00 🍿 Ice Cream Cart [3rd FL]</p> <p>2:30 ↔ Exercise Games [3rd Actvty Rm]</p> <p>4:00 🎮 YouTube: Street Food Vendor Tours [3rd Actvty Rm]</p>	<p>"The meeting of opportunity generates the offspring we call luck." <i>— Anthony Robbins</i></p>