November 2022 Hi'olani Care Center Sunday	Assisted Living Monday	E	uesday	Wednesday	Thursday	Friday	Saturday
Happy Thanksgiving	BE: Charkful	9:00 → 9:30 ∌ 10:00 ∌	Motion [6th FL LR] Mind Games [6th FL LR]	9:00 Noodle Chair Fitness [3rd Actvty Rm] 9:30 Artist Impressions [3rd Actvty Rm] 11:30 Piano Bar with Joshua [KDR] 2:00 RAND OPENING GALA for 3RD FLOOR!!! [3rd Actvty Rm] 6:00 Blackjack [3rd Actvty Rm]	9:00 → Hi'olani Health Club Chair Fitness [6th FL LR] 9:30 Mind Games [6th FL LR] 10:30 Current Events [6th FL LR] 11:00 Sing-a-long [6th FL LR] 2:00 Crafts Connection [6th FL LR] 3:30 Joyful Connections [6th FL LR] 6:15 Bingo Night [3rd Actvty Rm]	9:00 → Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 ❤ The Lucy Show - YouTube [6th FL LR] 10:00 ❷ World's Longest Word [6th FL LR] 11:00 ❷ Current Events [6th FL LR] 1:30 ﴾ Ice Cream Cart 3:00 → Zumba [6th FL LR]	12:00 UH FOOTBALL - HAWAII at FRESNO STATE (Time to be Announced) [6th FL LR] 9:30 Superstar Chair Fitness [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 BINGO [6th FL LR] 1:00 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 Arts & Crafts [6th FL LR] 3:30 Mah Jongg Club [6th FL LR]
9:30 → Balance of Harmony Chair Yoga [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 → Noodleball [6th FL LR] 11:30 Piano Bar with Joshua [KDR] 2:00 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 Fiddles with Riddles [6th FL LR] 4:30 Piano Bar with Joshua [KDR]	9:00 Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 Mind Aerobics [3rd Actvty Rm] 10:00 Arts & Crafts [3rd Actvty Rm] 3:00 This Day in History [6th FL LR] 6:00 Poker [3rd Actvty Rm]		Motion [6th FL LR] Mind Games [6th FL LR]	9:00 → Noodle Chair Fitness [3rd Actvty Rm] 9:30 → Artist Impressions [3rd Actvty Rm] 10:30 ♪ Name the Music Love Songs [3rd Actvty Rm] 11:30 ❖ Piano Bar with Joshua [KDR] 1:30 ♠ Holo Holo Bus Ride to Enchanted Lake [1st HPC] 2:00 ﴾ Popcorn Bar 6:00 ❖ Blackjack [3rd Actvty Rm]	10:00 HAPPY VETERAN'S DAY with THE ROYAL HAWAIIAN BAND!!! [1st HPC] 2:00 Crafts Connection [6th FL LR] 3:30 Joyful Connections [6th FL LR] 6:15 Bingo Night [3rd Actvty Rm]	HAPPY VETERAN'S DAY!! 9:00 ♣ Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 ♣ Veteran's Day Trivia [6th FL LR] 10:00 ❷ Veteran's Day Sing-along [6th FL LR] 11:00 ❷ Current Events [6th FL LR] 1:30 ﴾ Ice Cream Cart 3:00 ♣ Zumba [6th FL LR]	9:30 → Superstar Chair Fitness [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 BINGO [6th FL LR] 1:00 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 Arts & Crafts [6th FL LR] 3:30 Mah Jongg Club [6th FL LR] 6:00 UH FOOTBALL - UTAH STATE at HAWAII [6th FL LR]
9:30 → Balance of Harmony Chair Yoga [6th FL LR] 10:00 Mind Games [6th FL LR] 10:00 Tea Party [6th FL LR] 10:30 → Noodleball [6th FL LR] 11:30 Piano Bar with Joshua [KDR] 2:00 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 Fiddles with Riddles [6th FL LR] 4:30 Piano Bar with Joshua [KDR]	9:00 Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 Mind Aerobics [3rd Actvty Rm] 10:00 Arts & Crafts [3rd Actvty Rm] 3:00 This Day in History [6th FL LR] 6:00 Poker [3rd Actvty Rm]	9:30 뢷	Motion [6th FL LR]	9:00 → Noodle Chair Fitness [3rd Actvty Rm] 9:30 → Artist Impressions [3rd Actvty Rm] 10:30 ♪ Name the Music Love Songs [3rd Actvty Rm] 11:30 ♪ Piano Bar with Joshua [KDR] 1:30 │ Holo Holo Bus Ride to Aeia Loop Trail [1st HPC] 2:00 ♪ Popcorn Bar 6:00 ♪ Blackjack [3rd Actvty Rm]	9:00 ♣ Hi'olani Health Club Chair Fitness [6th FL LR] 9:30 ❷ Mind Games [6th FL LR] 10:30 ❷ Current Events [6th FL LR] 11:00 ♬ Sing-a-long [6th FL LR] 2:00 ❷ Crafts Connection [6th FL LR] 3:30 ❷ Joyful Connections [6th FL LR] 6:15 ❷ Bingo Night [3rd Actvty Rm]	9:00 → Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 ♣ The Lucy Show - YouTube [6th FL LR] 10:00 ❷ World's Longest Word [6th FL LR] 11:00 ❷ Current Events [6th FL LR] 1:30 ﴾ Ice Cream Cart 3:00 → Zumba [6th FL LR]	9:30 → Superstar Chair Fitness [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 BINGO [6th FL LR] 1:00 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 Arts & Crafts [6th FL LR] 3:30 Mah Jongg Club [6th FL LR] 6:00 UH FOOTBALL - UNLV at HAWAII [6th FL LR]
9:30 → Balance of Harmony Chair Yoga [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 → Noodleball [6th FL LR] 11:30 Piano Bar with Joshua [KDR] 2:00 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 Fiddles with Riddles [6th FL LR] 4:30 Piano Bar with Joshua [KDR]	9:00 Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 Mind Aerobics [3rd Actvty Rm] 10:00 Arts & Crafts [3rd Actvty Rm] 3:00 This Day in History [6th FL LR] 6:00 Poker [3rd Actvty Rm]	9:00 ••• 9:30 = 10:00 =	Motion [6th FL LR] Mind Games [6th FL LR]	10:00 THANKSGIVING BINGO [3rd Actvty Rm] 11:30 Piano Bar with Joshua [KDR] 1:30 Holo Holo Bus Ride to Sand Island [1st HPC] 2:00 Popcorn Bar 6:00 Blackjack [3rd Actvty Rm]	HAPPY THANKSGIVING!! 9:00 → Hi'olani Health Club Chair Fitness [6th FL LR] 9:30	FL LR] 9:30 A The Lucy Show - YouTube [6th FL LR] 10:00 World's Longest Word [6th FL LR]	9:30 → Superstar Chair Fitness [6th FL LR] 10:00 Mind Games [6th FL LR] 10:30 BINGO [6th FL LR] 10:30 UH FOOTBALL - HAWAII AT SAN JOSE STATE [6th FL LR] 1:00 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 Arts & Crafts [6th FL LR] 3:30 Mah Jongg Club [6th FL LR]
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