



October 2022

Hi'olani Care Center Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October cont'd 30 10:00 🎷 Flutists Perform [3rd Actvty Rm] 2:00 🎬 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 📖 Fiddles with Riddles [6th FL LR] 4:30 🎹 Piano Bar with Joshua [KDR]	31 10:00 🎃 HALLOWEEN CELEBRATION! [1st HPC] 3:00 📖 This Day in History [6th FL LR] 6:00 🎮 Poker [3rd Actvty Rm]	 9:00 ↔ Music & Motion [6th FL LR] 4 9:30 📖 Mind Games [6th FL LR] 10:00 📖 Crosswords [6th FL LR] 2:30 ↔ Noodle Ball [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR]	 9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 5 9:30 🎨 Artist Impressions [3rd Actvty Rm] 10:30 🎵 Name the Music Love Songs [3rd Actvty Rm] 11:30 🎷 Piano Bar with Joshua [KDR] 2:00 🍿 Popcorn Bar 6:00 🎮 Blackjack [3rd Actvty Rm]	"I'm so glad I live in a world where there are Octobers." – L.M. Montgomery, Anne of Green Gables	Location Keys 1st. FL Hi'olani Porte Cochere 1st HPC 2nd fl. Kilauea Dining Rm KDR 3rd Flr. Activity Rm. 3rd Actvty Rm 6th FL Living Room 6th FL LR	1 9:30 ↔ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 🎨 Arts & Crafts [6th FL LR] 3:30 🎮 Mah Jongg Club [6th FL LR]
2 9:30 ↔ Balance of Harmony Chair Yoga [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 ↔ Noodleball [6th FL LR] 2:00 🎬 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 📖 Fiddles with Riddles [6th FL LR] 4:30 🎹 Piano Bar with Joshua [KDR]	3 9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 📖 Mind Aerobics [3rd Actvty Rm] 10:00 🎨 Dreamy Designs - Jewelry Making [3rd Actvty Rm] 3:00 📖 This Day in History [6th FL LR] 6:00 🎮 Poker [3rd Actvty Rm]	4 9:00 ↔ Music & Motion [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:00 📖 Crosswords [6th FL LR] 2:30 ↔ Noodle Ball [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR]	5 9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 9:30 🎨 Artist Impressions [3rd Actvty Rm] 10:30 🎵 Name the Music Love Songs [3rd Actvty Rm] 11:30 🎷 Piano Bar with Joshua [KDR] 2:00 🍿 Popcorn Bar 6:00 🎮 Blackjack [3rd Actvty Rm]	6 9:00 ↔ Hi'olani Health Club Chair Fitness [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:30 📖 Current Events [6th FL LR] 11:00 🎵 Sing-a-long [6th FL LR] 2:00 🎨 Crafts Connection [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR] 6:15 🎮 Bingo Night [3rd Actvty Rm]	7 9:00 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 🎮 The Lucy Show - YouTube [6th FL LR] 10:00 📖 Church Service with Pastor Brad Chow [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Zumba [6th FL LR]	8 9:30 ↔ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 🎨 Arts & Crafts [6th FL LR] 3:30 🎮 Mah Jongg Club [6th FL LR] 4:30 🎮 UH FOOTBALL - HAWAII at SAN DIEGO STATE [6th FL LR]
9 9:30 ↔ Balance of Harmony Chair Yoga [6th FL LR] 10:00 🍵 Tea Party [6th FL LR] 2:00 🎬 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 📖 Fiddles with Riddles [6th FL LR] 4:30 🎹 Piano Bar with Joshua [KDR]	10 9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 📖 Mind Aerobics [3rd Actvty Rm] 10:00 🎨 Dreamy Designs - Jewelry Making [3rd Actvty Rm] 3:00 📖 This Day in History [6th FL LR] 6:00 🎮 Poker [3rd Actvty Rm]	11 9:00 ↔ Music & Motion [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:00 📖 Crosswords [6th FL LR] 2:30 ↔ Noodle Ball [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR]	12 9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 9:30 🎨 Artist Impressions [3rd Actvty Rm] 10:30 🎵 Name the Music Love Songs [3rd Actvty Rm] 11:30 🎷 Piano Bar with Joshua [KDR] 1:30 🚌 Holo Holo Bus Ride to Kalihi / Chinatown [1st HPC] 2:00 🍿 Popcorn Bar 6:00 🎮 Blackjack [3rd Actvty Rm]	13 9:00 ↔ Hi'olani Health Club Chair Fitness [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:30 📖 Current Events [6th FL LR] 11:00 🎵 Sing-a-long [6th FL LR] 2:00 🎨 Crafts Connection [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR] 6:15 🎮 Bingo Night [3rd Actvty Rm]	14 9:00 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 🎮 The Lucy Show - YouTube [6th FL LR] 10:00 📖 World's Longest Word [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Zumba [6th FL LR]	15 9:30 ↔ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 🎨 Arts & Crafts [6th FL LR] 3:30 🎮 Mah Jongg Club [6th FL LR] 6:00 🎮 4th Annual Bon Dance [1st HPC] 6:00 🎮 UH FOOTBALL - NEVADA at HAWAII [6th FL LR]
16 9:30 ↔ Balance of Harmony Chair Yoga [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 ↔ Noodleball [6th FL LR] 2:00 🎬 Movie Matinee - Netflix Over 10,000 Movies to Choose From [6th FL LR] 3:30 📖 Fiddles with Riddles [6th FL LR] 4:30 🎹 Piano Bar with Joshua [KDR]	17 9:00 ↔ Movers -n- Shakers Chair Fitness [3rd Actvty Rm] 9:30 📖 Mind Aerobics [3rd Actvty Rm] 10:00 🎨 Dreamy Designs - Jewelry Making [3rd Actvty Rm] 11:30 🍕 Assisted Living Pizza Party [KDR] 3:00 📖 This Day in History [6th FL LR] 6:00 🎮 Poker [3rd Actvty Rm]	18 9:00 ↔ Music & Motion [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:00 📖 Crosswords [6th FL LR] 2:30 ↔ Noodle Ball [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR]	19 9:00 ↔ Noodle Chair Fitness [3rd Actvty Rm] 9:30 🎨 Artist Impressions [3rd Actvty Rm] 10:30 🎵 Name the Music Love Songs [3rd Actvty Rm] 11:30 🎷 Piano Bar with Joshua [KDR] 1:30 🚌 Holo Holo Bus Ride to Punchbowl [1st HPC] 2:00 🍿 Popcorn Bar 6:00 🎮 Blackjack [3rd Actvty Rm]	20 9:00 ↔ Hi'olani Health Club Chair Fitness [6th FL LR] 9:30 📖 Mind Games [6th FL LR] 10:30 📖 Current Events [6th FL LR] 11:00 🎵 Sing-a-long [6th FL LR] 2:00 🎨 Crafts Connection [6th FL LR] 3:30 📖 Joyful Connections [6th FL LR] 6:15 🎮 Bingo Night [3rd Actvty Rm]	21 9:00 ↔ Movers -n- Shakers Chair Fitness [6th FL LR] 9:30 🎮 The Lucy Show - YouTube [6th FL LR] 10:00 📖 World's Longest Word [6th FL LR] 11:00 📖 Current Events [6th FL LR] 1:30 🍿 Ice Cream Cart 3:00 ↔ Zumba [6th FL LR]	22 12:00 🎮 UH FOOTBALL - HAWAII at COLORADO STATE (TBD) [6th FL LR] 9:30 ↔ Superstar Chair Fitness [6th FL LR] 10:00 📖 Mind Games [6th FL LR] 10:30 🎮 BINGO [6th FL LR] 1:00 🍳 Local Style Kitchen with Joy [3rd Actvty Rm] 2:00 🎨 Arts & Crafts [6th FL LR] 3:30 🎮 Mah Jongg Club [6th FL LR]
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