



Bringing the Spirit of 'Ohana  
to retirement living.

SEPTEMBER/OCTOBER 2021

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# Spirit

OF KĀHALA NUI

## RESIDENT PROFILE

### Michael & Lorrie Mae Chun

Mike and Lorrie like to do things, just because. . . Mike was born and raised in Kaimuki. He played on a Senior National Championship tennis team, ran marathons and triathlons, and played the ukulele, guitar and violin. Lorrie enjoys hobbies and crafts. She was born and raised in Wailuku. She played clarinet in her high school band, worked after school at Hokama Music Store and summers at Lahaina Cannery. Mike worked summers at CPC, Hawaiian Electric and the Board of Water Supply.

Mike and Lorrie met in Los Angeles in April at a party held at the B'nai B'rith on the U.S.C. campus. . .no, they're not Jewish. . .and married in December of the same year. . . no, she wasn't pregnant. People said it wouldn't last, but this year they celebrate their 53rd anniversary. They lived in Los Angeles for many years where Mike worked for Hughes Aircraft and E.F. Hutton, and Lorrie was office manager at corporate headquarters of Ortho Mattress.

They moved to Washington, DC when Mike joined the Department of Justice and Lorrie worked for an architectural firm, Weihe Black Jeffries Strassman & Dove. When Mike was transferred to the United States Attorney's Office in Hawai'i, Lorrie enjoyed working at Chez Michel and Sellers Advertising. They lived on Wai'alaie Nui Ridge until moving to Kāhala Nui where they enjoy ping pong and hula classes.

They have visited every continent and sailed on every ocean. They cruised the Four Gorges before it was flooded, walked the Great Wall, attended the Military Tattoo

at Edinburgh Castle, climbed into the Great Pyramids of Giza, viewed the Mona Lisa in the Louvre, visited Mount Fuji, the Galapagos, the Acropolis of Athens, the Roman Colosseum, the Sistine Chapel, Machu Picchu, Petra, Angkor Wat, the Taj Mahal, and the Hermitage, with more to experience.

After social dancing for many years, they started competitive ballroom dancing as seniors. They have won gold medals at the U.S.A. Dance National Championships in their age category. Now that travel restrictions are being lifted, they will continue competing on the mainland.



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## Welcome New Residents



**Michael Peters &  
Karuna Joshi-Peters**

**Michael Peters & Karuna Joshi-Peters.** *“What is Matter? Never Mind. What is Mind? Does Not Matter.”* Michael was interested in knowing what matter is made of; he became a physicist. Karuna was interested in thoughts and feelings; she became a psychologist and philosopher. Both agree that their greatest treasures are their family and friends: human relationships and connections. Michael and Karuna are recently of Kāne‘ohe, originally from California and India. They are new to Kāhala Nui and look forward to adding to their treasure trove of friends.



**Renate Miller &  
Heide Miller-Pakvasa**

**Renate Miller & Heide Miller-Pakvasa.** Renate was born in Berlin, Germany. When she married, she moved to Fort Bragg, North Carolina. Later she and her daughter, Heide, moved to Durham to work at the Duke Medical Center. Renate retired as Head Tech in a Nuclear Medicine Lab in Buffalo, N.Y. Heide was an East West Center grantee, married and made Hawai‘i her home. She holds master’s degrees in Linguistics, Computer Science, and another in Library Studies. Heide met her husband at UH and worked for the Hawai‘i State Public Library System and later at the UH Cancer Center. After retirement she accompanied her husband for several extended stays in Germany. Both Renate and Heide are seasoned travelers. Currently at Kāhala Nui, they share their home with a miniature poodle named Mitzi.



**George Manning &  
Sarah Richards**

**George Manning & Sarah Richards.** Raised on Old Pali Road, Manning attended Punahou, Princeton University and the University of Rochester School of Medicine and Dentistry (Ph.D. in Biochemistry). He worked as a research biochemist for the sugar industry and the computer industry. Manning enjoyed singing and met Sarah during a performance of “Aida” when he was singing. Sarah is from Indiana, attended the College Conservatory of Music in Cincinnati, graduated from DePauw University in Music and English and received a master’s degree from Indiana University in Higher Education. She was Dean of Students at Chaminade University, Executive Director of the Hawai‘i State Foundation on Cultural and the Arts, and President of the Hawaii Theatre Center. With a stellar Board of Directors, \$37 million was raised to renovate and restore the Hawai‘i landmark.



**Paul & Alma Yamashita**

**Paul & Alma Yamashita.** Born and raised in Honolulu and Hilo respectively. . .they are Kama‘āina. Alma taught elementary school, remedial reading, worked with gifted and talented students, and introduced technology integration into K-6 curriculums. After serving as a physical therapist in the US Public Health Service in New York, Paul was hired by Masa Tasaka to begin Kuakini Medical Center’s PT Department. After earning a master’s in Public Health and Business Administration, he took a DHEW Fellowship in Washington D.C., later returning to Hawaii to work for HMSA and then the Queen’s Health Plans. He also assisted MDX Hawai‘i and Hawaii Senior Medical Group to start their Medicare Health programs. Presently, Paul and Alma’s joy is being involved with their grandsons, who are ages 8 and 11 years old.



*Welcome New Residents (continued)***Stanley & Lynne Ogi**

**Stanley & Lynne Ogi** were born during World War II while their families were interred in Poston, AZ and Manzanar, CA. Stan and Lynne both attended UCLA. Stan majored in electrical engineering, Lynne in elementary education. That's where they met. Life in LA involved projects, traveling for work and more education for Stan. After their two sons were born and TRW (later Northrop) moved the family to San Diego, they spent 40 years working, raising the boys and traveling to Hilo/Honolulu to see the grandparents. Stan's interest has always been sports cars. Lynne likes crafts, reading, and walking. They both like international travel and cruising. They very much look forward to the next phase of their lives at Kāhala Nui.

**Michael & Marcia Shiraki**

**Michael & Marcia Shiraki.** Marcia was born in Kohala, graduated from Kohala High School as valedictorian and entered the University of Hawai'i with a full scholarship. Her career was in the City & County of Honolulu IT Department; she retired as Branch Chief. Mike majored in accounting at the University of Hawai'i and entered the Army in the Finance Corp. He served at Ft. Lee, Virginia before transferring to Vietnam. Mike retired as a partner in a CPA accounting firm. Mike and Marcia are blessed with three children and eight grandchildren. They visit them in Silicon Valley several times each year. They have traveled to seven continents, 60+ countries, and all Seven Modern Wonders of the World and the Pyramids of Egypt.

**Puzzlers Rule!**

The puzzle table outside the Beauty Salon/Life Enrichment Office/Medical Clinic has, over the years, seen many puzzles completed. On average, Residents complete a 1,000-piece puzzle every week. The Life Enrichment Office receives donations of puzzles and, even though they don't keep most completed puzzles, they always seems to have a large supply.

**Chris Hulihee and Jo-Ann Chun** complete a 1,000-piece puzzle.

**Walk to End Alzheimer's**

For 13 years, Kāhala Nui has been an event sponsor of the annual Walk to End Alzheimer's and a title sponsor for the last seven years. In the past, both Residents and Associates gathered at Ala Moana Beach Park to join with others for a big show of support. Due to COVID-19 restrictions, however, for the last two years we have participated by holding our Walk at Kāhala Nui's Porte Cochère - with bentos, a gift and the camaraderie of friends. Walkers included 80 Residents and 40 Associates and family. Their generous support raised \$7,675 to fight Alzheimer's disease in 2021.



## Summer Market, Treasure Chest

The Annual Summer Market event usually has three major parts (Food Court, Treasure Chest, Wine Event) – all held at the same place on the same day. Due to COVID restrictions on gathering, this year the Food Court was a “Pre-Order, Pick-Up Later” event in August, and the Treasure Chest in October was a “Buy Tickets in the Hallway and Winners Drawn on CH. 901”. The Wine Event will be announced soon. The \$23,000 earned from the Food Court and the Treasure Chest are given to the Associate Appreciation Fund which is distributed as a holiday gift for all Associates. The gifts are given in December. Our Associates feel a deep gratitude to those Residents who donate to this Fund, and to those who give of their time directly to the Summer Market.

Aileen Tom



### 2021 TREASURE CHEST PRIZE WINNERS

\$300 Whole Foods  
**Mimi Mizumoto**  
**Mandy Spangler**  
**Genric Ho**

\$300 Amazon  
**Helene Sokugawa**  
**Marlies Farrell**  
**David Kawai**

\$300 Roy's Restaurant  
**Wally Aoki**

Pupu Platter (Cheeses,  
Meats, Fruit, Nuts, Crackers)  
**Joan Chock**

Panasonic Rice Cooker  
**Mae Takahashi**

Jack Daniel's Whiskey  
Jacque (hairdresser),  
Lori Phillips (instructor)

Chateau Lafite Rothchild 2002  
**Peter Dobson**

Sheraton Waikiki Hotel Suite  
**Faith Miyahira**

Apple iPad  
**Lloyd Jones**

Apple Watch  
**John Brogan**

Alexa Echo  
**Jack Harmon**  
**Amy Kojima**



• SUMMER •  
**MARKET**

## Learning to See: Drawing 101

Our Arts Program grew by one in October when we added the opportunity to draw. The instructor, Dr. Lori Phillips, exceeded our expectations and Residents were delighted to find that they acquired skills they could use wherever they happened to be. Lori shared with us her outstanding ability to teach us how to draw, to add color with water-soluble pens...and she has a delightful and inspiring personality. **Jeanne Tsushima** was one person who followed each class with many drawings from around Kāhala Nui. We are grateful to **Linda Mui** for referring Dr. Phillips to the Life Enrichment Department.



MESSAGE FROM  
**President and CEO**  
**Craig Courts**



*Aloha*

I am humbled and honored to be selected as the next President and CEO of Kāhala Nui. Kāhala Nui has more than a 16-year history of success and a reputation as one of the premier Life Plan Communities in the state and country. Pat Duarte, Wendy Wong, along with the rest of the leadership team and the Board of Directors have built a solid foundation and positioned Kāhala Nui well to serve our Residents of today and tomorrow. My goal is to recognize the organization's wonderful history and build on our success and reputation. The past two years have been very challenging locally and globally as we navigated through a global pandemic. We are living during unprecedented times. One of the greatest risks to us as an industry and organization is around attracting and retaining high quality staff that are engaged, well trained, and committed to serving our Residents. While we have navigated it quite well at Kāhala Nui, we are being impacted too. One of my first and highest priorities is to ensure we are doing everything we can to be an employer of choice and to attract and retain the very best staff. Outside of work, I love to travel, hike, golf, bike, snorkel, and scuba dive. My wife Cathy and I have been married for more than 30 years. I look forward to being able to introduce you to her. Our 28-year-old son lives in Michigan and works in information technology. Our daughter, who is 26, lives and works in sales in London, England. Thank you for the warm welcome and support that so many of you have shown to Cathy and me in the short time we have been here. As COVID-19 restrictions continue to ease, and we can host larger groups and events, I look forward to meeting all of you and getting to know you better. Warmest Aloha!

## **CARF Five-Year Accreditation Award**

Kāhala Nui is proud to announce the receipt of the Five-Year Accreditation Award from CARF International. The achievement is an indication of the organization's dedication and commitment to improving the quality of the lives of the persons served. Kāhala Nui's services, personnel, and documentation clearly indicate an established pattern of conformance to the rigorous international CARF standards. The accreditation is given in one-to-five-year awards—five being the best. Only 6% of all CCRCs have received a 5-year award.



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# Friends Gather

(left to right): June Tanimoto, Joan Chock,  
Pauline Brooks, Ethel Shintaku.