December 2021 Hi'olani Care Center Assisted Living Tuesday Wednesday Friday Sunday Monday Thursday Saturday 9:00 - Superstar Chair 9:00 Hi'olani Health Club 9:00 Movers -n- Shakers 9:30 - Superstar Chair "There is nothing like Fitness [6th FL LR] Chair Fitness [6th FL Chair Fitness [6th FL Fitness [6th FL 9:30 5 Music Appreciation LR] returning to a place that [6th FL LR] 9:30 / Mind Games [6th FL LR] 9:30 \$ Hand Massage with 10:00 / Mind Games [6th FL LR] remains unchanged to 9:30 Y Pet Therapy Aromatherapy [6th FL LR] 10:00 🮜 Sing-a-long [6th FL LR] 10:00 / Who Am I? [6th FL LR] 10:30 👺 BINGO [6th FL LR] christmas 10:00 Signature | 10:00 Isn't That Funny! [6th FL LR] 10:30 🎮 Coffee & Conversation - Big find the ways in which 10:30 🎜 Hawaiian Style Christmas Carols 1:00 Report Local Style Kitchen with 10:30 • Adult Coloring [6th FL LR] Talk [6th FL LR] [6th FL LR] you yourself have Espresso Bar - 1st & 2nd Floor 2:00 R Craft Creations [A&C] Joy [A&C] 11:45 🁺 Piano Bar with Mychal [KDR] new year 3:00 → Zumba [6th FL LR] 3:30 🏖 Joyful Connections [6th FL altered." 2:00 👺 Beer, Blokes & Brain 1:30 🖨 Holo Holo Bus Ride to Pearl City A REAL PROPERTY. [1st HPC] Games [6th FL LR] 5:30 👺 Blackjack [A&C] - Nelson Mandela 6:00 Movie Night with Popcorn [6th FL LR] 9:30 - Balance of Harmony 9:00 Movers -n- Shakers 9:00 Music & Motion [6th FL 9:00 ➡ Superstar Chair 9:00 Hi'olani Health Club 9:00 Movers -n- Shakers 9:30 - Superstar Chair Chair Yoga [6th FL LR] Chair Fitness [6th FL Fitness [6th FL LR] Chair Fitness [6th FL Chair Fitness [6th Fitness [6th FL LR] 10:00 뢷 Mind Games [6th FL 9:30 / Mind Games [6th FL 9:30 <a># Music Appreciation FL LR 10:00 / Mind Games 6th 9:30 / Mind Aerobics [6th FL LR] 9:30 / Mind Games [6th FL LR] [6th FL LR] 9:30 \$ Hand Massage with FL LR1 10:30 👺 Christmas Trivia & Stories [6th FL 10:00 👺 Gingerbread Cookie Decorating 10:00 🤏 Crafts Galore [6th FL LR] 10:00 륄 Who Am I? [6th FL LR] 10:00 🎜 Sing-a-long [6th FL LR] Aromatherapy [6th FL LR] 10:30 👺 BINGO [6th FL LR] Contest [A&C] 11:00 / Sing-a-long [6th FL LR] 10:30 • Foam Flowers [6th FL LR] 10:30 🧖 Coffee & Conversation - Big 10:00 👺 Isn't That Funny! [6th FL LR] 1:00 M Local Style Kitchen with 2:00 🍄 Movie Matinee - Netflix Over 2:00 Word Scrambles [6th FL LR] 11:30 5 Piano Bar with Joshua [KDR] 11:45 Piano Bar with Mychal [KDR] Talk [6th FL LR] 10:30 9 Adult Coloring [6th FL LR] 10,000 Movies to Choose From 3:00 & Sing On! with Chanara: Timeless Joy [A&C] 2:00 / World's Longest Word [6th FL LR] Holo Holo Bus Ride to Manoa 2:00 Craft Creations [A&C] 2:00 Respresso Bar - 6th Floor [6th FL LR] Hymns with Words and Oahu 3:30 / Joyful Connections [6th FL LR] 2:00 Door Hangings [6th FL LR] [1st HPC] 3:30 🏖 Joyful Connections [6th FL 3:30 M Inner Circle Pen Pals Inspired Background [6th FL LR] 5:30 White Board Games [6th FL LR] 3:00 - Zumba [6th FL LR] 3:30 A Mah Jongg Club 6th FL 6:00 Movie Night with Popcorn [6th 4:30 Piano Bar with Joshua [KDR] 3:30 M Smoothie Bar 6:00 Christmas Lights Ride [1st HPC] 5:30 🁺 Blackjack [A&C] FL LR] 5:30 👺 Hanafuda [6th FL LR] 5:30 Poker [A&C] 9:00 ➡ Movers -n- Shakers Chair 9:00 - Music & Motion [6th FL 9:30 • Balance of Harmony 9:00 Superstar Chair 9:00 Hi'olani Health Club 9:00 Movers -n- Shakers 9:30 - Superstar Chair Fitness [6th FL LR] Fitness [6th FL LR] Chair Fitness [6th FL Fitness [6th FL LR] Chair Yoga [6th FL Chair Fitness [6th FL 9:30 / Mind Aerobics [6th FL LR] 9:30 5 Music Appreciation 9:30 // Mind Games [6th FL 10:00 뢷 Mind Games [6th FL 10:00 / Trivia by Country [6th FL LR] [6th FL LR] 9:30 / Mind Games [6th FL LR] 10:00 // Mind Games [6th FL LR] 9:30 \$ Hand Massage with 10:30 💋 Exploring World Cultures - India [6th FL 10:00 🔏 Crafts Galore [6th FL LR] 9:30 W Pet Therapy 10:00 🎜 Sing-a-long [6th FL LR] Aromatherapy [6th FL LR] 10:30 W Red Hat Society Meeting [6th 10:30 👺 BINGO [6th FL LR] 11:00 // Sing-a-long [6th FL LR] 10:00 // Who Am I? [6th FL LR] 10:30 🖗 Coffee & Conversation - Big Talk 2:00 W Noodle Ball [6th FL LR] 10:00 🎥 Isn't That Funny! [6th FL LR] 1:00 A Local Style Kitchen with Joy FL LR [6th FL LR] 11:30 🎜 Piano Bar with Joshua [KDR] 10:30 • Foam Flowers [6th FL LR] 2:00 Word Scrambles [6th FL LR] 10:30 🔏 Adult Coloring [6th FL LR] 3:00 & Sing On! with Chanara: Timeless Hymns 2:00 / World's Longest Word [6th FL LR] 11:45 Piano Bar with Mychal [KDR] 2:30 Make & Take Christmas Crafts 3:30 W Inner Circle Pen Pals 2:00 Espresso Bar - 1st & 2nd Floor 2:00 👺 Beer, Blokes & Brain Games with Words and Oahu Inspired 3:30 / Joyful Connections [6th FL LR] Holo Holo Bus Ride to Pearl City [KDR] 1:30 4:30 🎜 Piano Bar with Joshua [KDR] 3:00 **→** Zumba [6th FL LR] [6th FL LR] Background [6th FL LR] 3:30 🎏 Joyful Connections [6th FL LR] 5:30 White Board Games [6th FL LR] [1st HPC] 3:30 R Smoothie Bar 3:30 A Mah Jongg Club [6th FL LR] 5:30 Representation 5:30 Representation 1:30 R 6:00 Movie Night with Popcorn [6th FL 6:45 St. Laurent School of Dance 6:00 5 Sounds of Aloha Performance Christmas Program 9:00 Movers -n- Shakers 9:00 •• Music & Motion [6th FL 9:00 - Superstar Chair 9:00 Hi'olani Health Club Hi'olani Health Club Chair Fitness [6th FL 23 9:30 → Superstar Chair 9:30 → Balance of Harmony 9:00 ➡ Movers -n- Shakers **↑** Chair Fitness [6th FL Fitness [6th FL LR] Chair Yoga [6th FL Chair Fitness [6th Fitness [6th FL LR] 9:30 // Mind Games [6th FL 9:30 5 Music Appreciation LRÌ FL LR 10:00 🁺 Christmas Bingo 9:30 / Mind Aerobics [6th FL LR] [6th FL LR] 10:00 Mind Games [6th FL LR] 9:30 Mind Games [6th FL LR] 9:30 \$ Hand Massage with [6th FL LR] 10:00 // Trivia by Country [6th FL LR] 10:00 • Cinnamon Applesauce 10:00 *🗐* Who Am I? [6th FL LR] 10:30 W Red Hat Society Meeting [6th 10:00 🎜 Sing-a-long [6th FL LR] Aromatherapy [6th FL LR] 1:00 M Holiday Baking with Joy! Ornaments Decorating [A&C] 10:30 뢷 Exploring World Cultures - Ireland 10:30 • Foam Flowers [6th FL LR] FL LR 10:30 🤌 Coffee & Conversation - Big 10:00 👺 Carolyn Arbuckle Plays the Eggnog Pound Cake [A&C] [6th FL LR] 11:00 Sing-a-long [6th FL LR] 11:45 Piano Bar with Mychal [KDR] 2:00 🁺 Japanese Sing-along [6th FL Talk [6th FL LR] Piano & Sing-along [6th FL 2:00 Door Hangings [6th FL LR] 1:30 👺 Santa Sleigh Comes to Hi'olani to 11:30 🎜 Piano Bar with Joshua [KDR] Holo Holo Bus Ride to H-3 2:00 Craft Creations [A&C] Deliver Gifts [KDR] 2:00 / World's Longest Word [6th FL LR] Kaneohe / Coconut Island [1st 3:30 🎥 Mah Jongg Club [6th FL 3:30 M Inner Circle Pen Pals 3:30 🏖 Joyful Connections [6th FL 2:00 🤌 Espresso Bar - 6th Floor 3:30 🎇 Hot Chocolate & Brownie Social 3:30 / Joyful Connections [6th FL LR] LR] 4:30 Piano Bar with Joshua [KDR] [A&C] 6:00 Movie Night with Popcorn [6th FL 3:00 → Zumba [6th FL LR] 5:30 White Board Games [6th FL LR] 5:30 A Hanafuda [6th FL LR] 5:30 🁺 Blackjack [A&C] 5:30 Poker [A&C] 9:30 • Balance of Harmony 9:00 Music & Motion [6th FL 9:00 - Superstar Chair 9:00 Hi'olani Health Club Arts/Creative Fitness [6th FL LR] Chair Yoga [6th FL LR] Fitness [6th FL LR] Chair Fitness [6th FL Chair Fitness [6th FL Entertainment 9:30 // Mind Aerobics [6th FL LR] 10:00 // Mind Games [6th FL 9:30 / Mind Games [6th FL 9:30 5 Music Appreciation 10:00 / World's Longest Word [6th FL Environmental 9:30 \$ Hand Massage with 9:30 / Mind Games [6th FL LR] [6th FL LR] Intellectual 10:30 W Red Hat Society Meeting [6th FL 10:30 💋 Exploring World Cultures - Italy [6th FL LR] Aromatherapy [6th FL LR] 10:00 / Who Am I? [6th FL LR] 10:00 🎜 Sing-a-long [6th FL LR] Musical 2:00 M Noodle Ball [6th FL LR] 11:00 // Sing-a-long [6th FL LR] 10:00 👺 Isn't That Funny! [6th FL LR] 10:30 • Foam Flowers [6th FL LR] 10:30 🖗 Coffee & Conversation - Big 2:00 Word Scrambles [6th FL LR] Outings 2:30 Movie Matinee - Netflix Over 11:30 🎜 Piano Bar with Joshua [KDR] Talk [6th FL LR] 10:30 • Adult Coloring [6th FL LR] 11:45 Piano Bar with Mychal [KDR] 3:00 & Sing On! with Chanara: Timeless Hymns 10,000 Movies to Choose From 2:00 @ Crosswords [6th FL LR] ➡ Physical with Words and Oahu Inspired Background 2:00 👺 Craft Creations [A&C] Espresso Bar - 1st & 2nd Floor Holo Holo Bus Ride to Kapolei [6th FL LR] 3:30 / Joyful Connections [6th FL LR] Refreshments [6th FI I R] [1st HPC] 3:30 🏖 Joyful Connections [6th FL 3:00 **→** Zumba [6th FL LR] 3:30 W Inner Circle Pen Pals 3:30 🧖 Smoothie Ba 5:30 / White Board Games [6th FL LR] Self-Care 6:00 Movie Night with Popcorn [6th 4:30 🎜 Piano Bar with Joshua [KDR] 5:30 🁺 Poker [A&C] ₩ Social 5:30 🎖 Blackjack [A&C] FL LR 5:30 A Hanafuda [6th FL LR] & Spiritual